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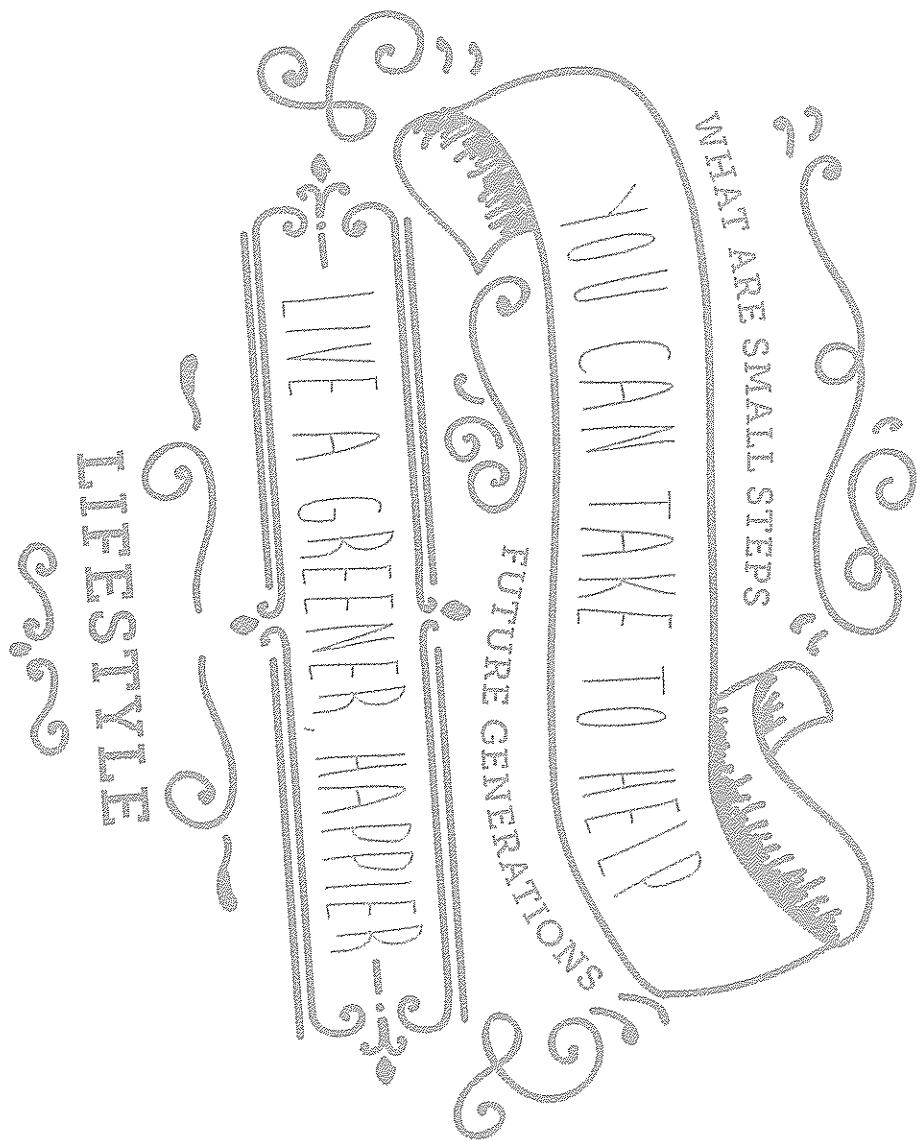
# SMART Living Plan

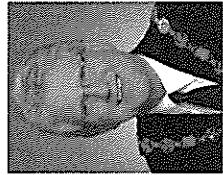
Integrated Waste Management Master Plan | September 2013



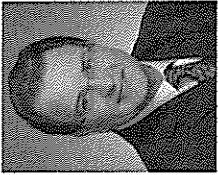
WHAT ARE SMALL STEPS  
WE CAN TAKE

YOU CAN TAKE TO HELP  
FUTURE GENERATIONS





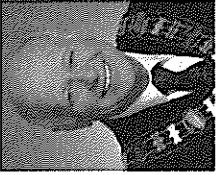
Mayor  
David Barrow  
Town of Richmond Hill



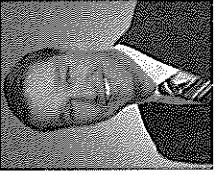
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Joe Li  
Town of Markham



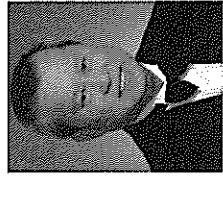
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Vito Spatafora  
Town of Richmond Hill



Mayor  
Brenda Hogg  
Town of Richmond Hill



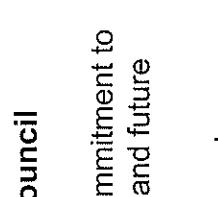
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Tony Van Bynen  
Town of Newmarket



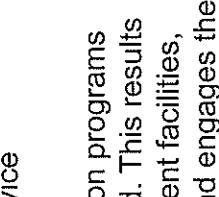
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Jim Jones  
Town of Markham



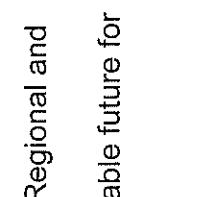
Chairman & CEO  
Bill Fisch



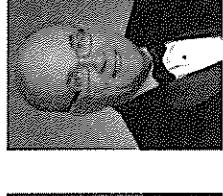
Regional Councillor  
Gordon Landolt  
Town of Markham



Mayor  
Brenda Hogg  
Town of Richmond Hill



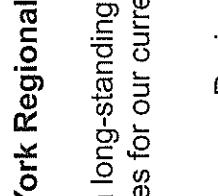
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Tony Van Bynen  
Town of Newmarket



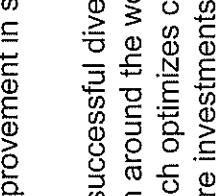
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Jack Heath  
Town of Markham



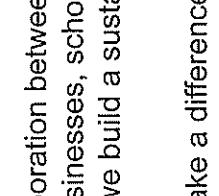
Chairman & CEO  
Bill Fisch



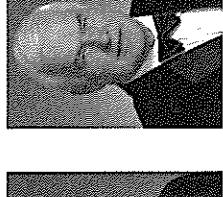
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Gordon Landolt  
Town of Markham



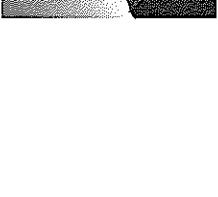
Mayor  
Brenda Hogg  
Town of Richmond Hill



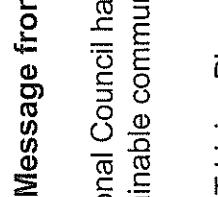
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Tony Van Bynen  
Town of Newmarket



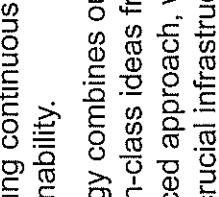
Mayor  
Frank Scarpitti  
Town of Markham



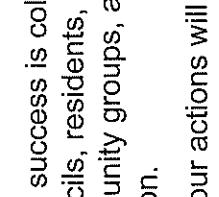
Chairman & CEO  
Bill Fisch



Regional Councillor  
Gino Rosati  
City of Vaughan



Regional Councillor  
Michael Di Biase  
City of Vaughan



Regional Councillor  
Deb Schulte  
City of Vaughan



## A Message from York Regional Council

York Regional Council has a long-standing commitment to build sustainable communities for our current and future residents.

The SM4RT Living Plan addresses Regional needs for waste management over the long term, while implementing continuous improvement in service and sustainability.

The strategy combines our successful diversion programs with best-in-class ideas from around the world. This results in a balanced approach, which optimizes current facilities, identifies crucial infrastructure investments and engages the community in innovative programs emphasizing reuse and waste reduction.

The key to success is collaboration between Regional and local councils, residents, businesses, schools and community groups, as we build a sustainable future for York Region.

Together, our actions will make a difference.

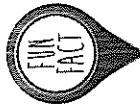


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# Introduction

*"The SM4RT Living Plan sets the course for waste management in the Region for the next 25 to 40 years."*



*In 2012, York Region and our local municipal partners diverted 82 per cent of collected materials from landfill disposal*

This report outlines key issues identified during the planning process, recommendations for future operations and programming and projected impacts on waste generation and management in York Region.

The Regional Municipality of York is centrally located in the Greater Toronto Area (GTA), directly north of the City of Toronto, in Ontario, Canada. York Region covers 1,756 square kilometres and is comprised of nine local municipalities.

York Region and its local municipal partners plan and deliver sustainable waste reduction, diversion and disposal programs. Curbside collection of blue box, green bin, yard waste and residual waste is managed by York Region's nine local municipal partners: the Towns of Aurora, East Gwillimbury, Georgina, Newmarket, Richmond Hill, Whitchurch-Stouffville, the City of Markham, the City of Vaughan and the Township of King.

All collected materials are delivered to York Region facilities for processing, energy recovery and/or disposal by external contractors. Regional and municipal depots offer additional opportunities for waste diversion.

Participation rates in diversion programs

are high. In 2012, York Region and its local municipal partners diverted 82 per cent of collected materials from landfill disposal, including material sent to energy from waste facilities.

York Region is one of the fastest growing areas of Canada; its current population of 1.1 million people will increase to 1.5 million by 2031. The Region and its partners must plan now to ensure provision of quality, cost-effective services to this growing population. The SM4RT Living Plan sets the course for waste management in the Region for the next 25 to 40 years.

This innovative, long-term plan drives waste reduction and reuse over the next 25 to 40 years, resulting in reduced costs and sustainable waste management. Full details on recommendations and projections can be found in the strategy documents in Appendix 1.

# Shaping Our Future

The SM4RT Living Plan combines traditional approaches and innovative, community-driven programs to maximize long-term benefits.

The 4Rs hierarchy of waste management is shown in Figure 1<sup>1</sup>. Traditionally, municipal waste management focuses on the 3Rs – reduce, reuse, recycle.

However, in York Region, Council has endorsed the fourth R – energy recovery from waste.

1. Reduction of waste and improved handling options to prevent waste generation
2. Reuse of products and materials
3. Recycling of materials
4. Recovery of energy and recyclable materials, after all other diversion efforts have been exhausted

Over the past 30 years, waste management programs emphasized diversion of waste from landfill rather than attempts to prevent generation.

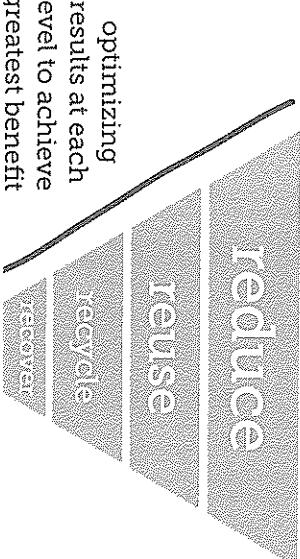
A more sustainable waste management system requires a change in the way waste is viewed, focusing first on reduction and reuse to prevent waste generation and encourage resource conservation.

The SM4RT Living Plan explores new methods to extend the life of current waste management infrastructure through waste reduction and reuse initiatives. The backbone of the plan promotes reduction-based solutions that rely on the community to be engaged in making changes.

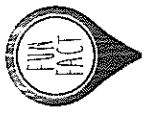
The "traditional approach" of waste management focuses on technology and infrastructure to manage the challenges created by waste. The SM4RT Living Plan places a heightened focus on behaviour change to avoid unnecessary waste generation while recovering resources through participation in the sustainable hierarchy of waste management programs.

The SM4RT Living Plan strikes a balance between key capital investments in infrastructure and innovative, community-driven programs to maximize long-term benefits.

Figure 1 - 4Rs Hierarchy



<sup>1</sup>January 22, 2009 – Regional Council endorses Report No.1 of the Solid Waste



**Smart Living** is working  
within the York Region Food  
Network to promote food  
wasteless & reduction

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within the York Region Food  
Network to promote food  
wasteless & reduction

**FACT**

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The Region has established a strong vision for a sustainable future with its three major strategic documents: Vision 2051, The York Region Official Plan and The York Region Sustainability Strategy.

The SM4RT Living Plan also has strong connections with other internal strategic documents including the 2011 to 2015 Strategic Plan, Community and Health Services Immigration Settlement and Community Investment Strategy, Nutrition Services and the Food Safety Program. Linkages have also been made with the New Communities Guidelines, Centres and Corridors, Sustainable

Development Leadership in Energy and Environmental Design (LEED) and Making Ends Meet Report.

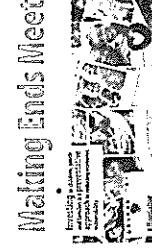
These documents, along with a multitude of other York Region and local municipal plans and policies are reflected in the direction of this master plan.



Vision 2051



Multi-Year Plan 2010 to 2015



From Vision to Results:  
2011 to 2015 Strategic Plan

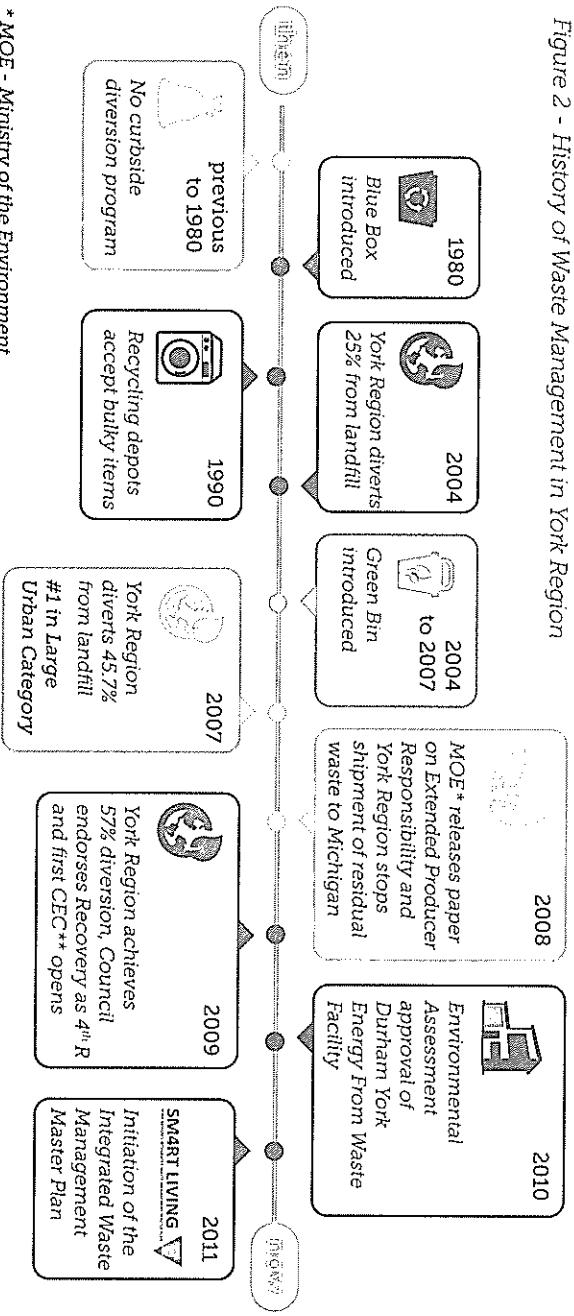
# Where We Are Today

In York Region, waste management is delivered in a two-tier system. Curbside collection of blue box, green bin and residual waste is managed by our nine local municipal partners.

York Region and our nine local municipal partners have implemented one of the most comprehensive integrated waste management systems in North America. Over the past 30 years, significant program implementation and facility

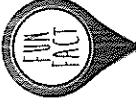
development has been achieved thanks to the leadership and foresight of Regional and local municipal councils in addressing waste management issues directly with strong leadership positions on all aspects of the waste management hierarchy (Figure 2).

Figure 2 - History of Waste Management in York Region



\*MOE - Ministry of the Environment

\*\*CEC - Community Environmental Centre



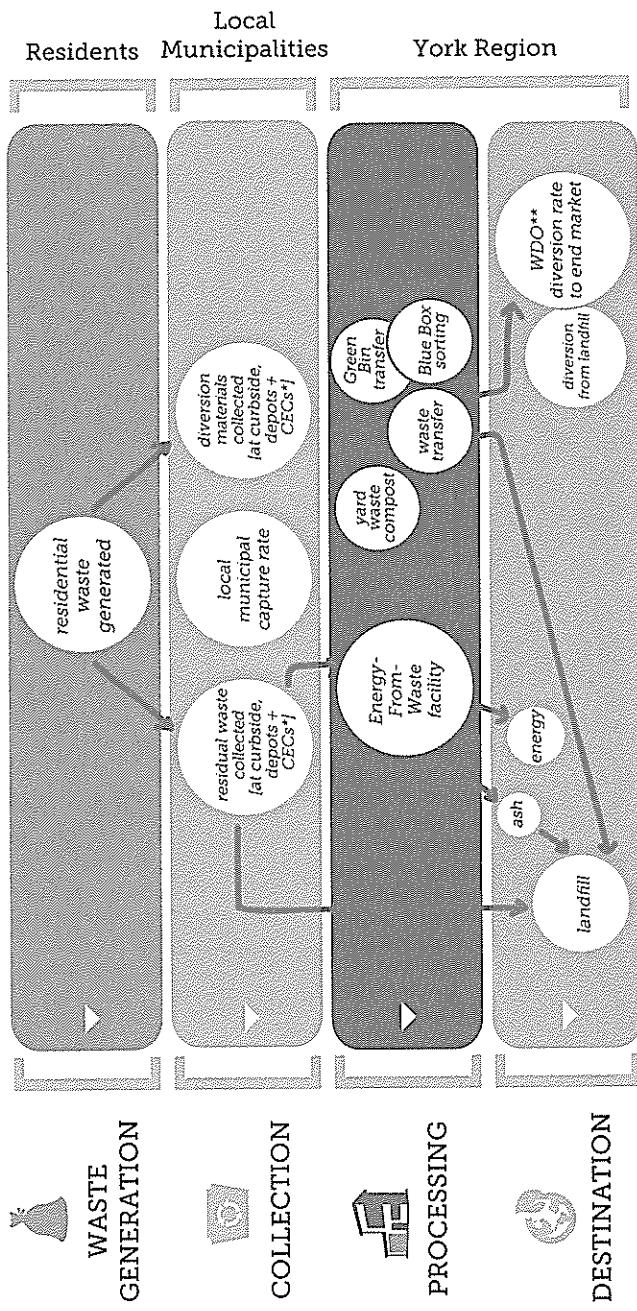
These diversion programs and facilities have won awards from organizations including as the Federation of Canadian Municipalities, Solid Waste Association of North America and Recycling Council of Ontario.

More than 80 per cent of York Region households participate in Green Bin + Blue Box Programs

Success of these programs reflects positively on the Region and our local municipalities who implement many of the programs at curbside, the leadership of councils and the dedication and participation of all York Region residents, businesses and community partners. This co-operative approach will continue as master plan implementation moves forward.

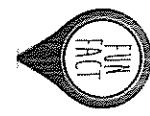
In York Region, waste management is delivered in two-tier system. Curbside collection of blue box, green bin and residual waste is managed by our nine local municipal partners. The Region is responsible for receiving, transfer, processing, recovery, marketing and disposal services. Promotion and education is provided at both the local and Regional levels (Figure 3).

Figure 3 - Delivery of Waste Management in York Region



## Where Are We Today

# objectives of the plan



Municipal master plans are tools to provide long-term visions, infrastructure and service delivery needs for waste management, water, wastewater and transportation.

Try shopping at a farmers' market.  
Local food has fewer environmental impacts + helps support local farmers

Master plans are based on sustainability. In March 2011, York Region and our local municipal partners initiated the first Integrated Waste Management Master Plan with early objectives to:

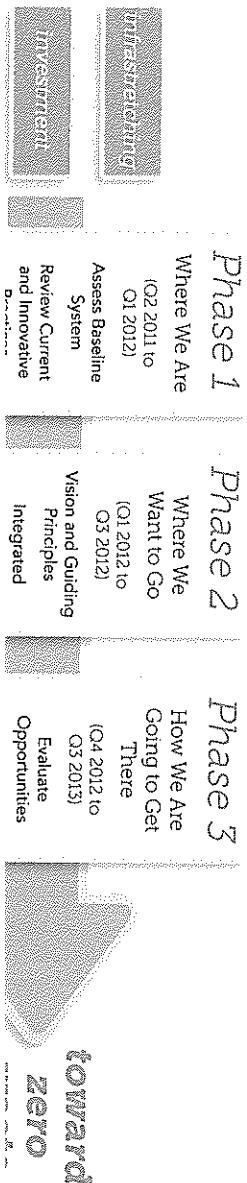
- Identify, assess and document a clear picture of roles and responsibilities, expertise and efficiencies
- Prepare for Extended Producer Responsibility
- Schedule/plan for waste management to meet the Region's commitments outlined in the Sustainability Strategy, Regional Official Plan and Strategic Plan as well as other applicable Regional and local policies and plans
- Enable proactive investing in infrastructure, services and systems

### The SM4RT Living Plan

The SM4RT Living Plan guides development of new programs, services, facilities and infrastructure in a co-ordinated manner. It provides an approach to monitor the waste management system, establishes a flexible framework to support continuous improvement and allows for regular updates of the plan as time and circumstances change.

The SM4RT Living Plan is developed in three phases and illustrated in Figure 4.

Figure 4 - Development of SM4RT Living Plan



# **Phase 1: Where We Are**

Phase one consists of:

- Baseline assessment of current waste management programs and systems in York Region and around the world
- Review of policies and programs influencing waste management in York Region
- Review of current and innovative practices encompassing all aspects of waste management from waste reduction to final disposal
- Engage stakeholders in various forms of consultations to provide input to the SM4RT Living Plan



# **Phase 2: Where We Want to Go**

Phase two consists of:

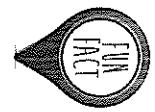
- Developing long-term vision and goals
- Detailed waste management projections and identification of opportunities for innovative program delivery and funding models
- A key outcome of Phase 2 is establishing an integrated partnership model to facilitate greater communication, co-operation and sharing of information among the Region and local municipalities as we jointly provide waste management services to the Region's residents

# **Phase 3: How We Are Going to Get There**

Phase 3 integrates lessons learned from the global assessment of practices with York Region's vision, to create a set of strategies and plans to help York Region and our residents realize the SM4RT Living vision. Strategies are organized into the 4Rs hierarchy, with a strong focus on reduction and reuse.

## Where Are We Today

# master plan team



The master plan development was led by York Region's Environmental Services Department with significant input from local municipal partners and other York Region departments.

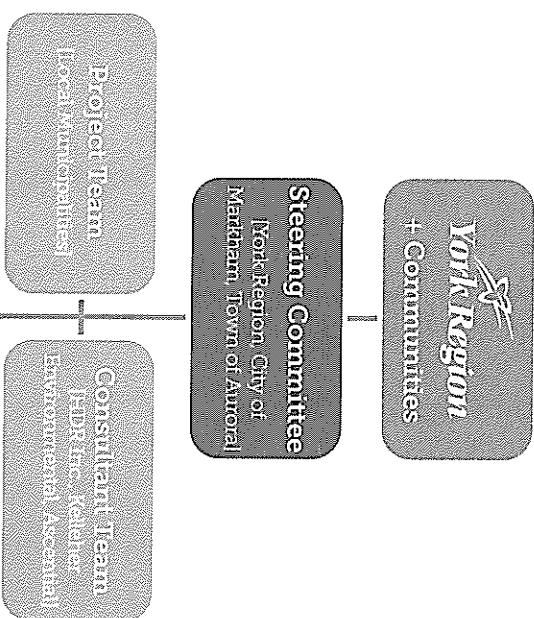
Reduce the amount of 'stuff' you own by renting items you rarely use

Engagement of local municipal partners was essential throughout the master plan process to create a fully integrated and comprehensive plan. Local municipal partners provided input through involvement on the project team and in review of all project-related documentation.

The project team actively contributed to the SMART Living Plan from Phase 1 through to the identifying of initiatives and developing the implementation plan in Phase 3.

Figure 5 provides an overview of the Master Plan Development Team.

Figure 5 - Master Plan Development Team



Missing: Brian Jones - Town of Newmarket; Rob Flindall - Township of King,  
Dale Giesbrecht - Township of King, Ontario, Canada; Clinton V. Limmer -  
Town of East

Left to Right: Ilmar Simanovskis - Town of Aurora, Courtney Daniels - York,



## Where Are We Today

# Vision + guiding principles

### Vision

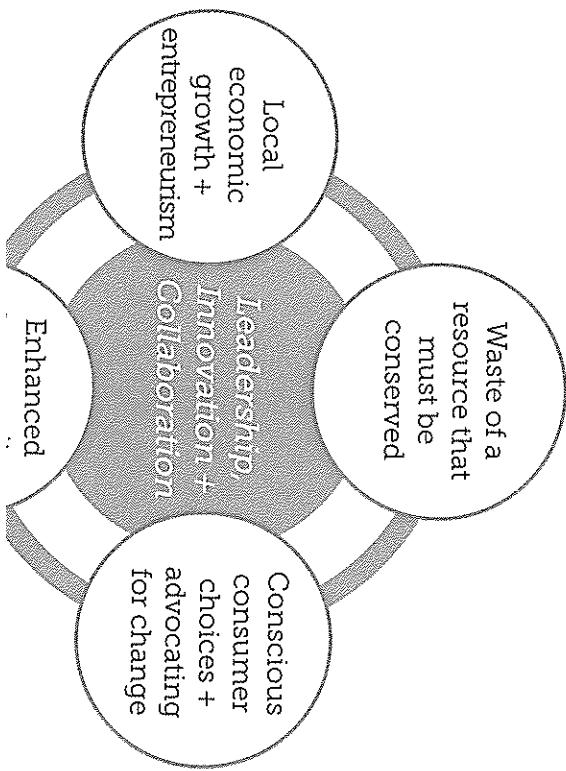
"A waste resource management system that recognizes and conserves the resource value of waste through leadership, innovation and collaboration in identifying and promoting the necessary cultural, societal and industry change required. Leading by example, we are transforming our communities through adaptive, innovative and integrated waste management."

Extensive consultation and community engagement throughout the master planning process presented SM4RT Living concepts to a wide range of stakeholders.

Stakeholder engagement revealed that people across York Region are generally seeking a change toward a more sustainable lifestyle. SM4RT Living Plan public engagement allowed people to explore how they see waste in all aspects of their lives and identified areas of concern including excessive packaging and disposable products, clutter around the house from buying/storing too much and wasted food.

Considerable effort was spent on identifying, defining and describing the long-term vision for waste management and SM4RT Living in York Region. A vision statement was developed based on input from a diverse cross-section of York Region residents, stakeholders, business representatives and industry. To help realize the vision, nine guiding principles were developed out of this input. These guiding principles are the foundation of the SM4RT Living Plan and provide the framework for decision-making and implementation of the vision for the future.

Figure 6 - Vision + Guiding Principles

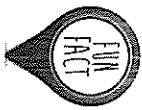


## Nine Guiding Principles

- 1** We must re-frame waste as being comprised of resources that are finite and must be conserved.
- 2** We will lead through action, demonstrations, pilots, innovative education, advocacy, and, proactive policy development.
- 3** We will make decisions using "integrated systems" thinking - balancing environmental, social and fiscal responsibility.
- 4** We will demonstrate innovation and leadership through the integrated partnership model, with shared decision making and accountability.
- 5** We will honour the waste management hierarchy and the 4Rs (Reduce, Reuse, Recycle and Recovery), balancing the wants and needs of our communities.
- 6** We will nurture and cultivate local economic growth, innovation and entrepreneurship.
- 7** We will focus on creating vibrant communities through the promotion of enhanced community connections and informed, inspired and engaged citizens.
- 8** We will strive to change the consumer culture through inspiring conscious decision making and advocating change in communities, governments and industry.
- 9** We are flexible and resilient, enabling us to anticipate and adapt to

# engagement + consultation

"Public Engagement throughout planning included more than 6,000 points of interaction with residents and stakeholders...."



According to Statistics Canada, households throw away up to \$1,500 in food each year

A wide range of stakeholders including members of the public, agencies, businesses, associations and York Region and local municipal partner staff explored the concept of SM4RT Living and identified ideas and opportunities for the future.

Successful implementation of the SM4RT Living Plan and the future direction of our communities require not just input, but ongoing involvement of a cross-section of community members.

Public engagement throughout planning included more than 6,000 points of interaction with residents and stakeholders through events like 'Places and Spaces' events, online open house and website, project team meetings and the Stakeholder Advisory Committee (SAC). Figure 7 shows the various aspects of public engagement that contributed to the development of the plan in all three phases.

The overriding outcome from public engagement is confirming support for the SM4RT Living approach with its focus on waste reduction. SM4RT Living puts waste management into a context that people can connect to and become actively involved in. Waste reduction requires a change in beliefs, values, practices and attitudes to ultimately result in behaviour change. Engagement sessions with high school students, the Stakeholder Advisory Committee and the York Region Food Network members generated a lot of interest in the SM4RT Living ideas and produced demonstration project and partnership ideas to support implementation of the

Public input indicates that there is concern about the amount of waste currently generated in our communities and an interest in change. Lack of knowledge and confidence about making more sustainable waste choices was identified in the consultations as barriers to action. Education and understanding are key factors to successfully implement the strategies and initiatives recommended in the plan. This especially holds true when dealing with waste reduction. An educated consumer has the ability to:

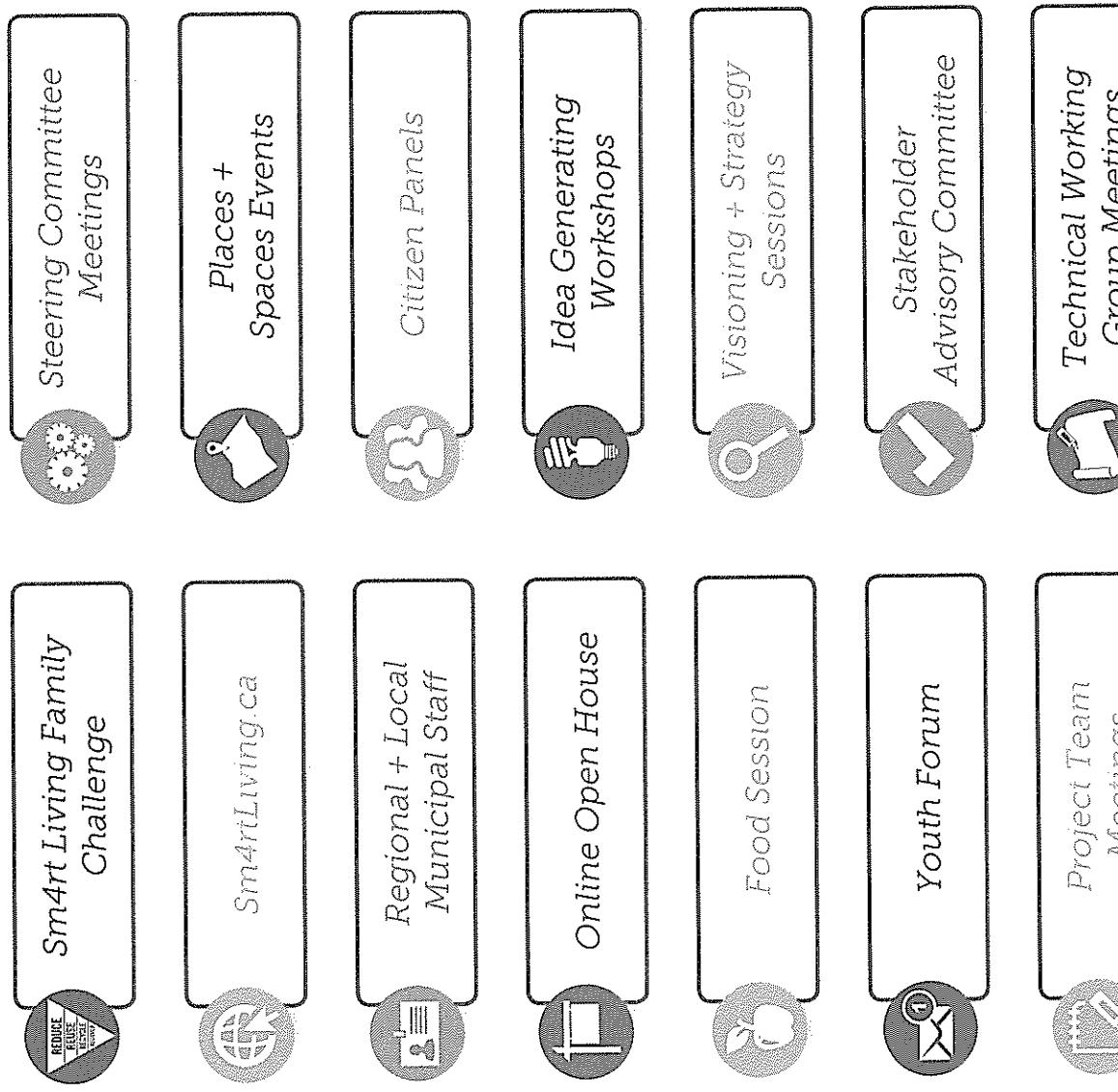
- Actively participate in existing and new waste reduction, waste reuse and waste diversion programs, improving the overall effectiveness of these programs
- Contribute to increased diversion of materials from landfill disposal
- Understand the importance of their role in better managing their waste and their resources to make a positive environmental impact

Appendix 2 provides additional information on the consultation process.

## Master Plan Consultation

Throughout the construction stages of the Master Plan, public and stakeholder feedback was received through many different avenues:

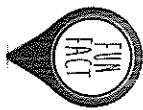
Figure 7 - Master Plan Consultation



# Responding to Change

*"At each review point, an opportunity exists to review the*

*successes and challenges of the previous term...."*



*Find new uses for old 'stuff'. Many websites provide fun, family-friendly craft and reuse ideas for various household items*

The SM4RT Living Plan is intended to be dynamic and flexible in its implementation to allow the 10 municipal partners to respond to the dynamic environment of waste management in Ontario, Canada and the world.

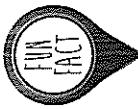
The SM4RT Living Plan has been prepared recognizing it is a "living document," meaning when changes are required, processes and mechanisms are in place to support co-ordinated decision-making in alignment with the overall vision of the plan.

Consistent with other infrastructure master plans that have been developed in York Region, the SM4RT Living Plan will have regular and comprehensive updates. The SM4RT Living Plan has a four year review cycle to coincide with terms of Regional Council. At each review point, an opportunity exists to review the successes and challenges of the previous term and the ability to recalibrate the direction based on any new information or industry trends and changes.

Considerable work has been done to identify opportunities for more co-ordinated and collaborative decision-making between the municipal partners around waste management system changes. The result of this work is the concept of the Integrated Partnership Model, which aims to provide more co-ordinated decisions and planning processes, greater consistency in programs where appropriate and sharing of information and lessons learned to help continuously improve overall waste management system in York Region. As part of the Integrated Partnership Model, each partner still retains autonomy of their areas of responsibility to reflect their own community's specific needs, while all the partners work together to achieve a common vision.

## Integrated Partnership Model

**"All partners work collaboratively on provision of seamless and cost-effective integrated waste management services."**



In support of this partnership approach, the partners have developed a Decision-Making Framework to help structure:

- When decisions are needed
    - How decisions are made
    - Who should be involved in decision-making
  - What criteria should be considered in making the decision
- Ultimately, decisions will be made that reflect a "one-taxpayer" approach where all partners work collaboratively on provision of seamless and cost-effective integrated waste management services. The Integrated

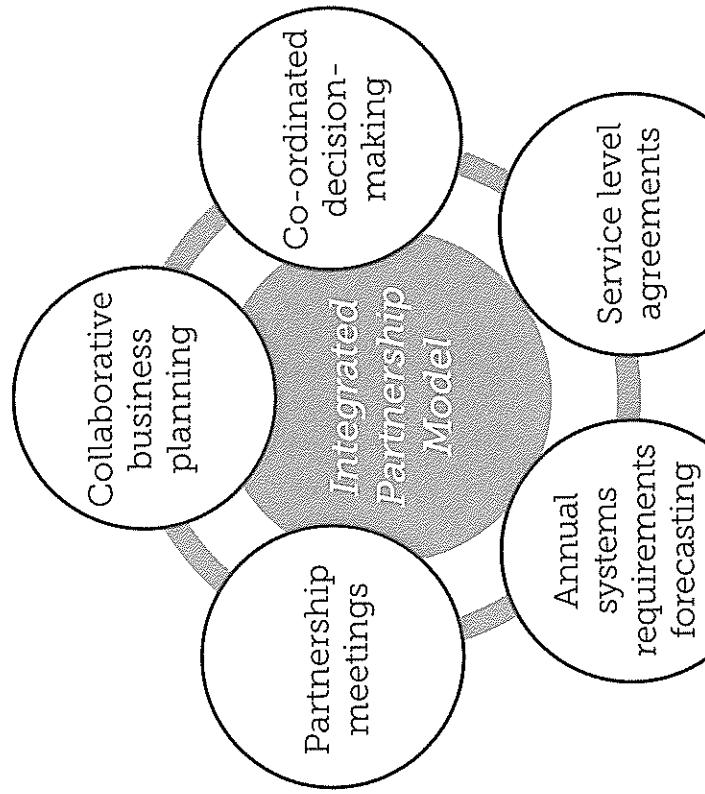
Partnership model allows municipalities the flexibility to customize initiatives based on community needs and economic considerations while facilitating knowledge-sharing amongst the partners.

Appendix 3 provides additional information on the integrated partnership and decision making framework.

*Reduce waste by repairing or fixing items yourself. There are many websites available to help you with your next do-it-yourself project, including:*

- [dynametwork.com](http://dynametwork.com)
- [hgtv.ca/renosdiy](http://hgtv.ca/renosdiy)
- [fixitclub.com](http://fixitclub.com)
- [familyhandyman.com](http://familyhandyman.com)
- [doityourself.com](http://doityourself.com)

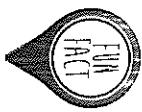
Figure 8 - Integrated Partnership Model



## Vision for the Future

# Waste Management in York Region

"180 per cent growth is projected in multi-residential development in York Region over the next 40 years."



*Donating your fashion textiles, rather than throwing them out, allows them to be transformed into insulation or upholstered seating*

Waste streams in the Region have changed dramatically over the past 25 years during the evolution of residential recycling and organic diversion programs. They will continue to evolve.

Changing demographics in the Region will have an impact on the waste stream. The most anticipated changes include:

- Aging Canadians - we are living longer

- Aging Baby Boomer generation (those who were born between 1948 and 1963) is shaping consumer trends

- Families are changing – smaller households with fewer children and multi-generational households are becoming increasingly common

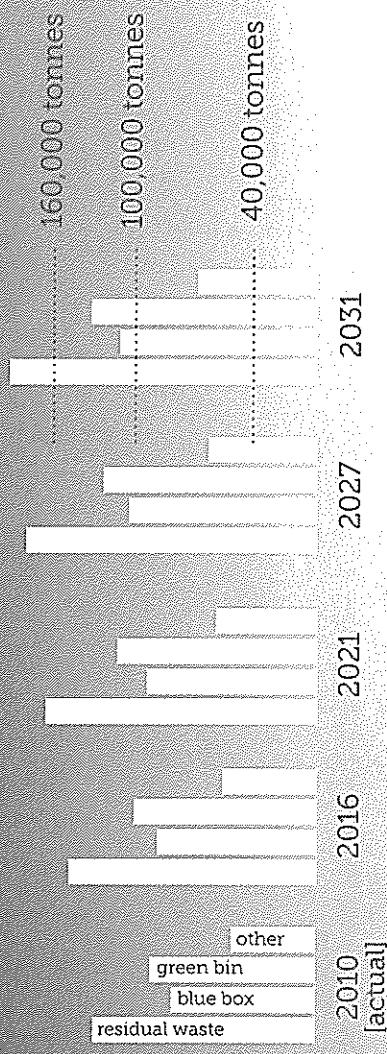
- More urban dwellers and one person households
- More multi-residential households
- Ethnically diverse households with different patterns of consumption

The housing mix in York Region is changing drastically and a new focus must be placed on providing waste management services to multi-residential and mixed-use (commercial and residential) buildings. 180 per cent growth is projected in multi-residential development in York Region over the next 40 years (Figure 10). This offers a unique opportunity to build a successful waste management program with stakeholders before this development occurs.

Figure 10 - Projected Housing Growth in York Region from 2011 to 2031



*Figure 9 - Projected waste generation from 2010 to 2031*



## *The Plan for Tomorrow*

# How We Are Going To Get There

Throughout the master plan development process, a diverse range of ideas, opportunities, program suggestions and changes for the future were identified.

Phase 3 took the project team into the evaluation phase of the identified opportunities.

Opportunities from all 17 strategies were streamlined into 69 initiatives that were evaluated and used to develop the five-year implementation plan.

An extensive ranking exercise was undertaken to evaluate the potential impact of each initiative.

Life cycle benefits were ranked high, medium or low based on:

- Environmental Impacts - Energy requirements, non-renewable resource consumption, life-cycle environmental benefits (air, land, water)
- Social Impacts - Community physical benefits, complexity and potential for confusion by residents, level of effort placed on waste generator, community involvement
- Economic Impacts - Capital costs required, operating costs required, budget implications, local economic growth and innovation opportunity

For each strategy, a separate overview and implementation document has been prepared that provides additional detail including:

- Background analysis and trend information
- Case studies from other jurisdictions where applicable
- Environmental, social and financial implications
- Partnership opportunities
- Resources required to implement
- Targets and performance metrics

The following sub-sections provide an overview of how the master plan and its supporting strategies address each of the 4Rs and plan for the future of waste management in York Region. Details are provided for the first five years of implementation.

**Broader system impacts were also assessed along with life-cycle benefits including:**

- Consistency with overall plan Vision and Guiding Principles
- Emphasis placed on waste reduction and reuse
- Flexibility to accommodate change

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# REDUCE identifying key initiatives

To reduce the amount of waste requiring management, a number of key initiatives have been identified:

## Food waste reduction

It is estimated that approximately 40 per cent of all the food produced and sold in Canada is wasted between the time of production and disposal by the consumer.

Of this, slightly more than 50 per cent of food wastage occurs in the home. There is significant opportunity to reduce the amount of food waste being generated which will:

- Reduce waste management costs particularly for the Green Bin Program
- Reduce consumer cost of buying food
- Reduce environmental footprint associated with food production, processing and distribution

The greatest opportunity to reduce food waste is influencing consumer behaviour through education and providing residents with information to make good decisions at home and while shopping. This strategy also includes pilots and initiatives linking

A number of community partners and not-for-profit agencies, such as York Region Food Network, have already expressed interest in supporting this initiative.

The food waste strategy is projected to offer the following key benefits by 2031:

- Reduction of more than 13,845 tonnes of material each year, when compared to the baseline projection
- Reduction in costs to manage waste by approximately \$5.7 million\* each year (\$4.2 million in Regional savings; \$1.5 million in local savings), assuming a projected decrease of 15 per cent by 2031
- Reduction in green bin materials generated to a point where no additional processing capacity may be needed

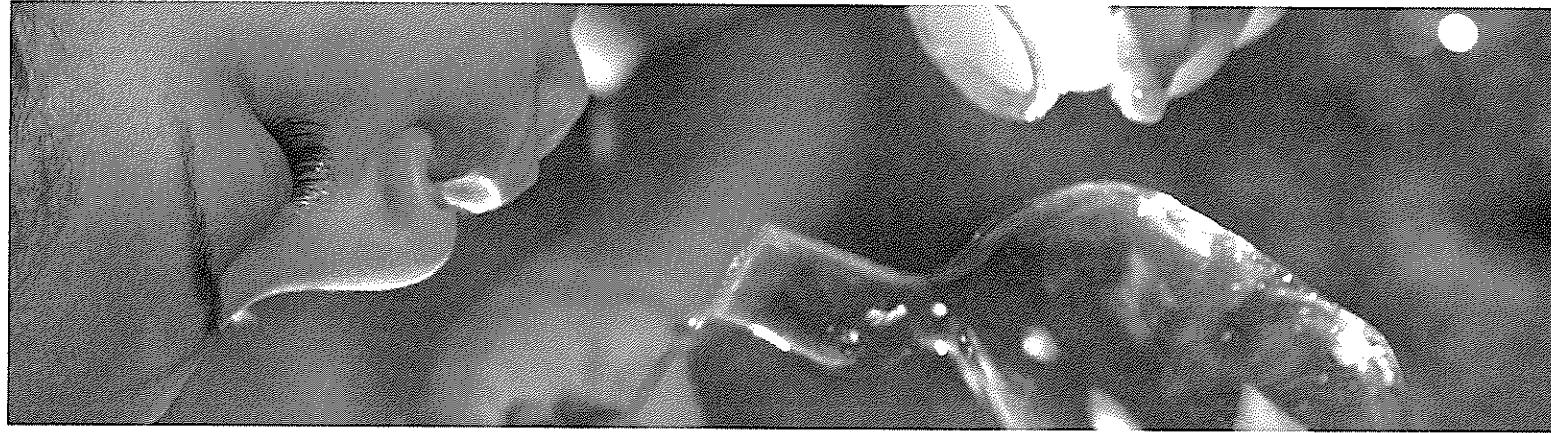
## On-site composting

Availability of contracted capacity to process municipal green bin and yard waste is reaching its limits within

Ontario. Managing organic materials with alternatives to curbside collection programs is an effective way to reduce the environmental impact of green bin collection and transport, ease the stress on Regional organics processing capacity and provide a cost-effective organics management option.

Two initiatives have been recommended for early implementation in the strategy and include:

- A pilot study renewing emphasis on backyard composting and assessing the feasibility of new technologies such as counter-top composters for those without access to outdoor space.
- A pilot study working with multi-residential buildings, industrial or commercial establishments or schools to assess medium scale composting technologies



Through the Stakeholder Advisory Committee, both school boards in York Region have expressed interest in participating in composting pilot programs to support their waste management education for students.

### *Leading by example through green procurement*

One of the keys to success will be to use community organizations and businesses (i.e., food co-operatives, community gardens, food retailers and neighborhood associations) to help deliver the message about the benefits of on-site organics management opportunities. Collaboration and partnerships with organizations like the York Region Food Network leverage local resources to promote and implement programs on a Region-wide scale. Some of the key benefits that will be further quantified in these pilot studies include:

- Reduction in overall waste management system costs
- Reduced reliance on the existing organics management infrastructure
- Opportunity to participate in an integrated waste management system that serves as a model for other

Green procurement has proven to be one of the most powerful tools to encourage waste diversion behavior. This practice requires suppliers of goods and services to meet specific waste management criteria to win business and contracts. The municipal partners have significant purchasing power, which can be used to encourage reduction and reuse at all municipal facilities through vendor performance requirements (e.g. reusable packaging; recycled content paper, energy efficient and recyclable computers, etc.). In 2013, the Region adopted a Sustainable Purchasing Policy to formalize its commitment to green procurement. By continuing to assess additional green procurement policies, York Region and the municipal partners will influence the industry of the importance of “green” choices and provide leadership and guidance for others to implement similar policies.

## REQUEST

# REVIEWING THE USE OF POLYCLONAL ANTIGENIC

Dear Sirs: I am writing to you concerning the use of polyclonal antibodies in our laboratory. We have been using these antibodies for several years now and have found them to be very useful. However, we have recently come across some problems with their use which we would like to discuss with you.

The first problem we have is that the antibodies are not always specific enough. This can lead to false positives and false negatives, which can be very problematical in our work. We have tried to overcome this by using different types of antibodies, but this has not always been successful.

The second problem we have is that the antibodies are not always stable. This can lead to changes in their properties over time, which can affect their performance. We have tried to overcome this by storing them in the correct conditions, but this has not always been successful.

The third problem we have is that the antibodies are not always consistent. This can lead to variability in our results, which can be very problematical. We have tried to overcome this by using different types of antibodies, but this has not always been successful.

We would appreciate your input on this issue. We believe that your expertise in this area could be very helpful in our efforts to improve the use of polyclonal antibodies in our laboratory.

Thank you for your time and consideration. We look forward to your response.

Sincerely,

John Doe  
Ph.D.  
University of California, Berkeley  
Department of Biochemistry  
1234 University Avenue  
Berkeley, CA 94720

Dr. John Doe  
Ph.D.  
University of California, Berkeley  
Department of Biochemistry  
1234 University Avenue  
Berkeley, CA 94720

## REVIEW ARTICLE

and the case for a wide range of topics. The book is divided into two parts. Part I is a series of 12 short articles, each consisting of a brief introduction and three sections, a critical analysis, and a concluding summary. The articles cover such topics as the concept of a theory, the scientific method, philosophy of science, the nature of explanation, the logic of science, the nature of law, determinism, causality, the philosophy of physics, quantum mechanics, the philosophy of biology, the philosophy of medicine, and the philosophy of psychology. The articles are written in a clear and accessible style, making them suitable for students and non-specialists alike. The critical analysis section provides a valuable opportunity to question and challenge the claims made by the authors.

The second part of the book consists of five longer essays, each dealing with a specific topic in philosophy of science. These essays are more detailed and focused than the articles in Part I. The first essay, "Philosophy of Science," provides an overview of the field and highlights some of the key issues and debates. The second essay, "The Logic of Science," discusses the logical structure of scientific arguments and the role of probability in science. The third essay, "The Nature of Law," explores the relationship between law and science, and the concept of a law. The fourth essay, "Determinism," examines the idea of determinism and its implications for science. The fifth essay, "Causality," looks at the concept of causality and its application in science.

In conclusion, this book provides a comprehensive introduction to philosophy of science. It offers a broad range of topics and a variety of perspectives, making it an ideal resource for anyone interested in the philosophy of science. The articles in Part I provide a valuable introduction to the field, while the essays in Part II offer a more in-depth exploration of specific topics. The book is well-written and accessible, making it suitable for students and non-specialists alike. It is a valuable addition to any library and a must-read for anyone interested in the philosophy of science.

*(Received 21 January 2009; accepted 20 February 2009)*

**James G. Williams**, Ph.D., is a Professor of Philosophy at the University of North Carolina at Charlotte. He has published on metaphysics, philosophy of science, and philosophy of mind.

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# *REUSE* identifying key initiatives

To support and further explore the significant waste reduction opportunities through reuse activities, a number of key initiatives have been identified:

## *Understanding the amount of reuse and its impact*

To clearly understand the potential impact of reuse, as well as the current activities already underway, a comprehensive survey of residents' perceptions and usage patterns is recommended.

## *Maximizing "gently used" clothing and textiles donation in multi-residential developments and at the curb*

Textiles currently represent a significant portion of the material going out in the garbage. As part of plan implementation, additional emphasis will be placed on working with charitable organizations to help support them in the collection and reuse of these materials through partner-driven curbside collection pilots.

A pilot program with the multi-residential sector will explore how best to redirect textiles from the waste

The following provides a summary of key benefits of the above identified initiatives:

## *Swapping and selling events*

Curbside swap events, garage sales, "Mom-to-Mom" sales, etc., have become increasingly popular. These types of sales have the potential to result in significant waste reuse and reduction. For 2015, pilots are recommended at a larger scale to measure the actual impact of these events and identify long-term waste reuse and reduction potential.

## *Share tools*

Establishing a tool share library demonstration project at a library or community centre (similar to Toronto's Tool Share Library) is recommended for further study. Although not anticipated to have significant overall waste reduction implications in the short term, this type of initiative can help to foster the necessary social and cultural change that can lead to waste quantity reductions. As part of this exploration, the role of the Region and/or local municipality should be reviewed and consideration to community partners as initiative leaders should be given.

• Annual reduction of approximately 8,700 tonnes through reuse of materials by 2031 and an annual savings of approximately \$2.8 million\* (assumed that material would be otherwise managed as residual waste) by 2031

- Reduction of residual waste quantities requiring processing which will mitigate the need for additional processing capacity over what is currently required
- Significant reductions in environmental burden associated with material production, transportation, and wasted material collection and processing
- Increased awareness among residents around reuse, repair and re-purposing activities
- Community building opportunities through engagement, partnerships, sharing and lending
- Social benefits realized



# RECYCLE

## Maximizing Resources at the Curb

### Continuous Monitoring of Waste Streams During Recycling Maximizes Efficiency, Reduces Costs, and Minimizes Liability

Waste management is a complex, challenging process that requires constant monitoring and analysis to ensure efficiency, reduce costs, and minimize liability. This article discusses the importance of continuous monitoring during recycling, highlights best practices for streamlining the process, and provides recommendations for future waste management trends.

#### Continuous Monitoring of Waste Streams

Continuous monitoring of waste streams is crucial for maintaining efficiency and reducing costs. By tracking waste composition and flow rates in real-time, companies can identify trends and make informed decisions to optimize operations. For example, if a particular type of waste is consistently found to be contaminated or difficult to process, it may be necessary to implement additional screening or treatment steps. Similarly, if certain materials are consistently being sent to landfills, it may be time to explore alternative disposal options or seek out new markets for those materials.

#### Efficiency Through Streamlining

To maximize efficiency and reduce costs, it's important to streamline the recycling process. This involves identifying inefficiencies and eliminating them through automation, standardization, and collaboration. For instance, if a company is manually sorting through large amounts of waste, it may be more efficient to invest in automated sorting equipment. Additionally, by working with partners who have expertise in specific areas, such as waste reduction or recycling, companies can benefit from shared knowledge and resources.

#### Reducing Liability and Ensuring Safety

One of the most critical aspects of waste management is ensuring safety and minimizing liability. This means not only protecting employees and the environment, but also avoiding legal consequences for non-compliance. To achieve this, companies must stay up-to-date on regulations and standards, and take proactive measures to prevent accidents and environmental damage. This may involve investing in safety training, implementing strict quality control measures, and establishing clear communication channels between different departments and external stakeholders.

#### Other Levels of Government

Local governments play a vital role in waste management, particularly in terms of regulation and enforcement. It's important for companies to engage with local officials to understand their requirements and work together to find solutions that benefit everyone. This may involve participating in community meetings, providing feedback on proposed regulations, and collaborating on initiatives to promote sustainable waste management practices.

#### Future Trends and Focus Areas

Looking ahead, there are several key areas to focus on in the future of waste management. One trend is the increasing emphasis on circular economy principles, which aim to reduce waste generation and increase resource reuse. Another trend is the development of new technologies, such as AI-powered sorting systems and biodegradable materials, that can help transform the industry. Finally, there is a growing recognition of the social and environmental impacts of waste management, leading to a greater focus on sustainability and responsible practices.

### Staying Ahead in the Recycling Industry Through Continuous Monitoring

The recycling industry is constantly evolving, and staying ahead requires a commitment to continuous monitoring and improvement. By investing in the right tools and processes, companies can ensure they remain competitive and responsible. As the world continues to grapple with the challenges of waste management, those who embrace a culture of innovation and collaboration will be well-positioned to succeed.

# RECYCLE

## identifying key initiatives

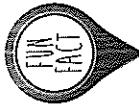
"The Region  
is poised to  
experience  
significant growth  
over the coming  
decades across all  
sectors."

To support continuous improvement in York Region's waste diversion programs, a number of important initiatives have been identified:

*Advocating for  
change  
over the coming  
decades across all  
sectors.*

*Advocating for  
change*

Advocacy is an important part of implementing the SM4RT Living Plan. A successful advocacy strategy depends on early and consistent engagement as well as effective partnerships with a range of multi-stakeholder, Governmental, municipal, interest-based and industry organizations. York Region will continue to strengthen its relationship with organizations and associations which share similar policy positions and/or offer the greatest opportunity to exert influence on issues related to the delivery of waste management services.



*The average beer  
bottle is refilled 15 times  
before being recycled  
into new glass*

*Understanding the  
multi-residential  
community*

More effective performance monitoring of waste management systems in the multi-residential sector is required in order to track successes and address challenges. Additional engagement and outreach efforts to building owners, operators and residents are also recommended.

*Review of external  
funding for the  
Blue Box Program*

The funding formula used to disperse funding from the stewards through Stewardship Ontario and Waste Diversion Ontario has become increasingly complex and hard to follow. With the proposed Waste Reduction Act, 2013, the mechanism for funding for municipal costs related to the Blue Box program is likely to change and possibly be more complex if the Act receives royal assent. For

York Region millions of dollars

*Planning for growth*

The Region is poised to experience significant growth over the coming decades across all sectors. The SM4RT Living Plan ensures future growth planning and policy development will reflect good waste management practices and incorporate these into the design, construction, and operation of all new developments.

## **Understanding the value of York Region's recycling facility**

A blue box prediction model will be developed to provide annual forecasts of blue box quantity and composition to the Region for program and infrastructure planning. This model will help to better predict impacts to the recycling facility from changing quantities and composition and better prepare the Region for future infrastructure investments.

A valuation of the current Regional blue box infrastructure is recommended in response to potential expanded extended producer responsibility programming proposed through the draft Waste Reduction Act (Bill 91).

## **Planning for new**

### **source separated organics capacity**

The Region continues to have challenges with securing long-term, stable source separated organics processing capacity. A strategy for evaluating long-term source separated organics processing options including a recommended approach, criteria and baseline technology review is included in the plan. Continued partnership with Dufferin County for a joint organics processing facility is recommended.

## **Continuing to deliver**

### **Successful leaf and yard waste program**

This successful program is well known and received by residents and is recommended for continuation throughout the implementation of the

## **value of York Region's recycling facility**

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## **Continuing to deliver**

### **Successful leaf and yard waste program**

This successful program is well known and received by residents and is recommended for continuation throughout the implementation of the

beneficial. Investigating the feasibility of enhanced programming/policies to encourage all residents to leave grass clippings on the lawn rather than collecting them as yard waste is also recommended.

## **Maximizing Community Environmental Centres**

As findings of the master plan are implemented, the Region will determine the feasibility of using these sites as pilot locations for new diversion initiatives or product re-purposing workshop locations. This initiative is being recommended as it has the ability to attract new users as well as maximize the value of these assets.

## **Addressing the need for additional**

### **Community Environmental Centres**

Detailed monitoring and analysis of the existing network, as well as service needs and drive-times will move forward the business case for any new facilities based on principles and service model developed as part of the CEC strategy. The design of new CECs will not include reuse facilities onsite. Strategies will place greater emphasis on the existing framework of multiple reuse options available within the community.

The following provides a summary of key benefits of this strategy:

- An additional 2,000 tonne increase in recyclable material collected by 2031 over baseline projections

- Key advocacy targets and positions to further support the current system and changes proposed in the future

- A comprehensive approach to address current and future changes to the waste management system as a result of extended producer responsibility
- A long-term plan to secure sustainable source separated organics processing capacity



# RECOVER

## RECOGNIZING THE VALUE OF WASTE

### New Research Shows a Position on Waste

Waste management has become a major issue in recent years. In fact, it's become so important that it's now a major concern for many companies. This is because waste management is a critical part of any company's operations. It's also a key factor in determining how successful a company is.

One of the most important things to understand about waste management is that it's not just about getting rid of trash. It's also about finding ways to reuse and recycle materials. This is why it's important to have a clear understanding of what waste management is all about.

In this article, we'll explore some of the latest research on waste management. We'll look at how companies are approaching waste management, and we'll discuss some of the challenges they're facing. We'll also provide some tips for companies looking to improve their waste management practices.

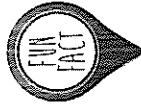
Waste management is a complex topic, and there are many different approaches to it. One approach is to focus on reducing waste generation. This can be done through various methods, such as recycling, composting, and reusing materials. Another approach is to focus on waste reduction. This can be done by reducing the amount of waste generated in the first place. A third approach is to focus on waste recycling. This can be done by recycling materials that would otherwise be considered waste. A fourth approach is to focus on waste disposal. This can be done by disposing of waste in a safe and responsible manner.

There are many different ways to approach waste management, and each company will likely have its own unique needs and challenges. However, one thing is clear: waste management is a critical part of any company's operations. It's also a key factor in determining how successful a company is. By understanding the latest research on waste management, companies can better position themselves to succeed in this important area.

# RECOVER

## identifying key initiatives

*"The Durham York Energy Centre will generate electricity that can be sold to the electrical grid for distribution..."*



York Region has a continued focus on improving waste recovery. The Durham York Energy Centre and contracted energy from waste facilities will further the fourth "R" in York Region by:

*Reducing the environmental burden*

The Durham York Energy Centre will generate electricity that can be sold to the electrical grid for distribution at annual revenue of over \$8 million (total shared between Durham and York Region).

*Recovering additional materials*

The Durham York Energy Centre will recover 80 per cent of the ferrous metal and 60 per cent of the non-ferrous metal remaining in residual waste to be recycled (split between Durham and York Region).

*Reducing the amount Of material to landfill*

The Durham York Energy Centre will reduce the volume of waste currently being landfilled by up to 90 per cent, significantly reducing the Region's reliance on landfill disposal.



The total waste management system in York Region costs approximately \$71 million per year to operate (\$41 million per year net operating costs at the Regional level and \$30 million per year at the local level).

Based on system costs as of July 2013, the total waste management system in York Region costs approximately \$71 million per year to operate (\$41 million per year net operating costs at the Regional level and \$30 million per year at the local level).

The local portion of waste management costs is approximately \$30 million/year, primarily for curbside waste collection and promotion and education services. These costs will increase as population growth necessitates additional capacity for collection and processing of materials. Master plan initiatives extend the life of processing capacity and facilities by reducing waste generation, however additional capital investments are still needed to provide residents with programs and services in the long term.

The York Region 10-year capital forecast is approximately \$177 million to support waste services and includes:

- Approximately \$65 million (or 37 per cent of the 10-year plan) for funding of a source separated organics processing facility

- \$30 million to increase diversion capacity
- \$20 million for expansion of the Community Environmental Centre network

To \$8 million to upgrade waste management facilities

With these future costs, a new mechanism is required to support the funding of waste management programs, services and facilities. For this reason, preliminary discussions on the concept of alternative financing options for the waste management system was explored as part of the SM4RT Living Plan as it could fund future large capital works required for the waste management system without compromising Regional Council's commitment to a tax rate increase of two per cent or lower.

Options being explored include:

- Consideration of moving waste management costs from the Regional levy to a Regional waste charge
- Consideration of separate financing of waste through user charges which would eliminate cross-subsidy of residential waste management by Industrial, Commercial and Institutional sector taxes

To address these long-term financial concerns, the strategy outlines the process to determine the feasibility of alternative financing options. Additional study is required to continue this preliminary work and to identify a model that best meets the needs of all partners in the future.

# HOW WE MEASURE IT

## Report On Success

"As part of the master plan, a new "Balanced Scorecard" has been developed to better understand the performance of the waste management system as a whole."

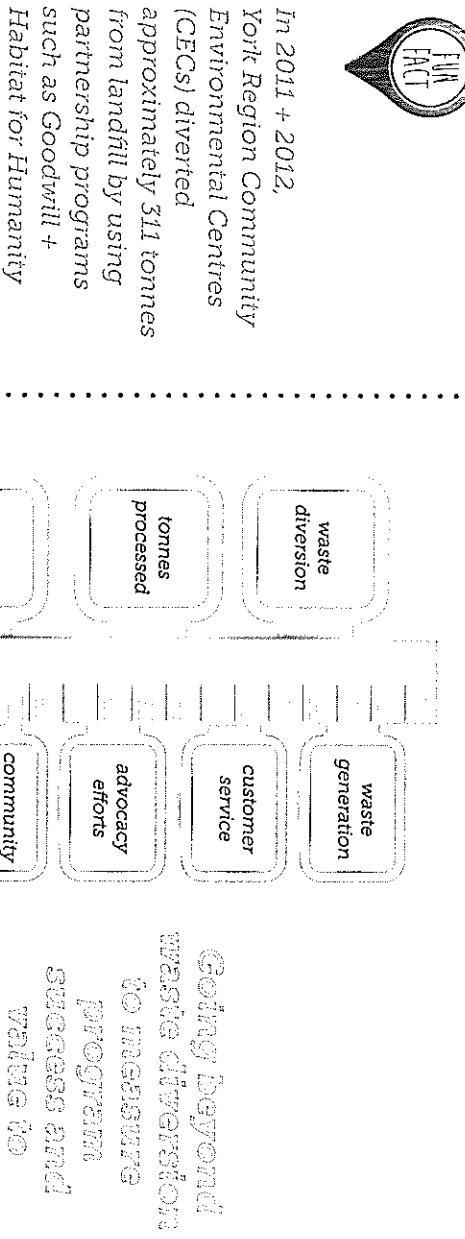
Performance measures have been identified for component strategies of the master plan.

The performance measures that have been identified are designed to be specific, measurable, achievable, relevant and timely. As part of the master plan, a new "Balanced Scorecard" has been developed to better understand the performance of the waste management system as a whole. Traditional measures of waste diversion and waste tonnes managed do not always reflect the ongoing changes in the industry. To address this reality, the master plan identifies a new form of system measurement

which looks at a range of performance metrics to evaluate overall program success. Customer service, partnership development, advocacy efforts, waste generation and cost per household are included in the new model to capture community satisfaction.

Through the monitoring of system performance, additional opportunities for enhancement will be easier to identify and will result in an even more effective and efficient waste management system in the future. (See Figure 13).

Figure 13 - Setting New Measures of Success



*Keeping it Current*

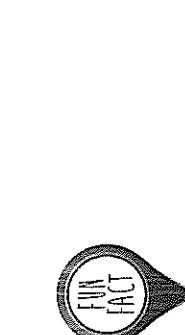
# Plan Updates + Revisions

*"By focusing on reduction and reuse, the amount of material managed by the Region and local municipalities can go down...."*

Municipal master plans generally include a review timeline and methodology to address the need for regular updates and adjustments to the plan.

*Backyard composters can reduce household waste by 30 per cent + eliminate the need for chemical fertilizers*

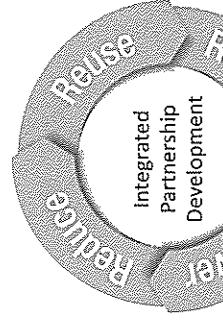
It is conventional to apply a five-year review timeline with the first year of the master plan implementation representing year one. Most municipal capital budget plans also apply a five and/or ten-year timeline for capital budget planning.



In order for a plan to serve as a 'living' document, it requires continuous and regular engagement of council. Co-ordinating a formal review of the master plan with the municipal election cycle provides an opportunity to educate and inform new councillors regarding the master plan and engage the new council in implementation.

Given the current municipal election schedule, an appropriate review/update time-frame would be the spring of 2019, 2023 and 2027. These review points provide an opportunity to seek authority for any major adjustments to the master plan that may be warranted.

*Figure 14 - Priority Initiatives to Drive Long-Term Performance*



*Benefits of Realizing the Vision*

# **impact + success**

*by 2031*

**166,000**

estimated tonnes of waste  
reduced in the first 18 years  
of the plan

**62,000**

estimated tonnes of waste  
reused in the first 18 years  
of the plan

**90%**

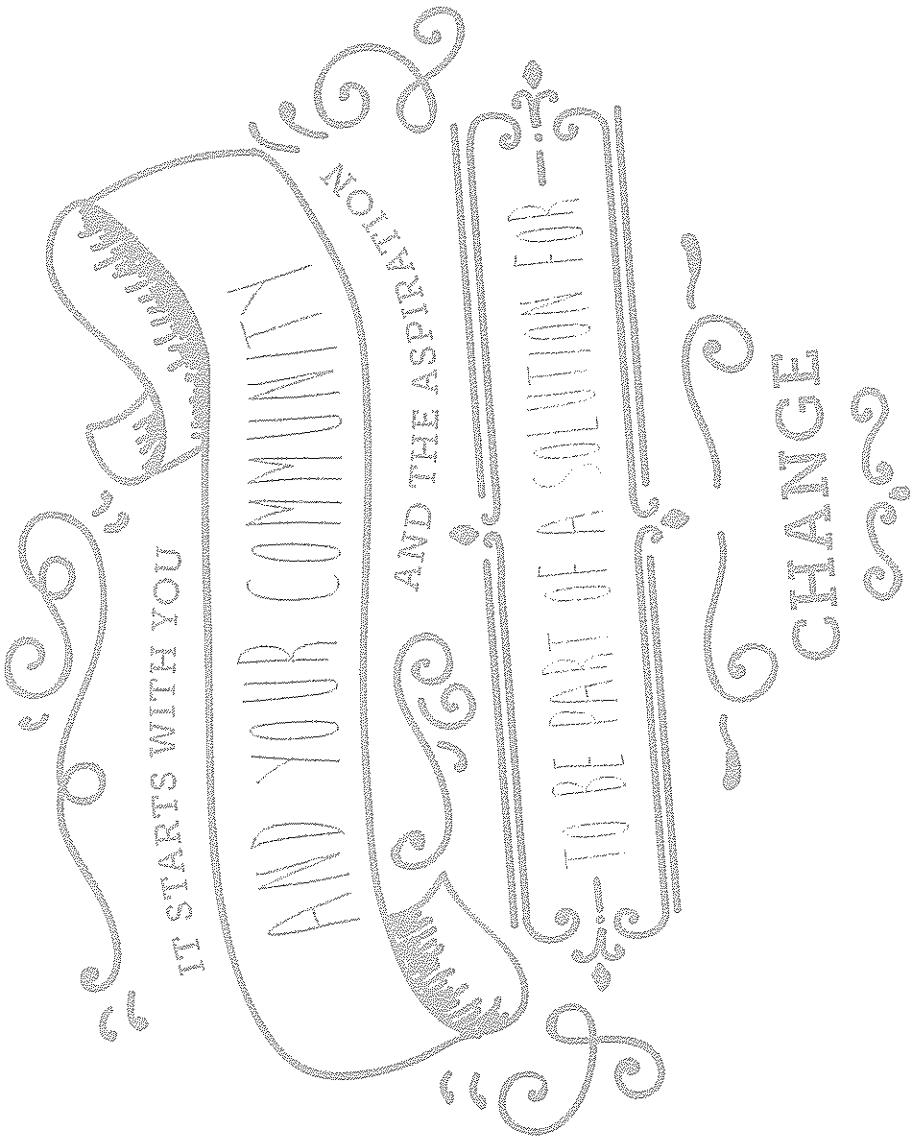
Overall reduction in the  
total amount of waste  
requiring management

**\$62M\***      **\$22\***

Approximate net savings  
[\$40 million Regional  
net savings + \$22 million  
local municipal net  
savings]

Approximate net savings  
per household in year 2031  
when compared to current  
baseline projection

\* Based on system costs as of July 2013 and planned  
Durham York Energy Centre expansion by 2021



For more information about this report please contact:  
Laura McDowell, Director

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