

York Region

# Seniors Strategy

*Thinking Ahead*

**Presentation to City of Vaughan  
Older Adult Task Force**

April 12, 2018

[york.ca/SeniorsStrategy](http://york.ca/SeniorsStrategy)



## Snapshot: Population Growth

**The seniors population  
is growing faster than  
any other age group**

**1 in 5 people** will be  
65 years or older by 2031.



**14.6%**  
(161,925)

**2016**



**21%**  
(311,257)



**2031**

## Snapshot: Low Income

Seniors make up a small portion  
of residents living with low income

York Region

14.2%

Vaughan

14.4%



## Snapshot: Homeownership

Most seniors in York Region are homeowners  
and living in single-detached homes

York Region

RENTED:  
13.3%OWNED:  
86.7%62%  
Single-detached17.6%  
Apartments11.9%  
Semi-detached  
Row houses

Vaughan

RENTED:  
9.6%OWNED:  
90.4%62.3%  
Single-detached20.5%  
Apartments10%  
Semi-detached  
Row houses

## Snapshot: Cultural Diversity



### Born outside of Canada

76%



York Region

90%



Vaughan

### Language spoken most often at home



|   | York Region | Vaughan   |
|---|-------------|-----------|
| 1 | English     | English   |
| 2 | Cantonese   | Italian   |
| 3 | Italian     | Russian   |
| 4 | Mandarin    | Cantonese |
| 5 | Russian     | Spanish   |



### No knowledge of official languages

18.1%

York Region

18.6%

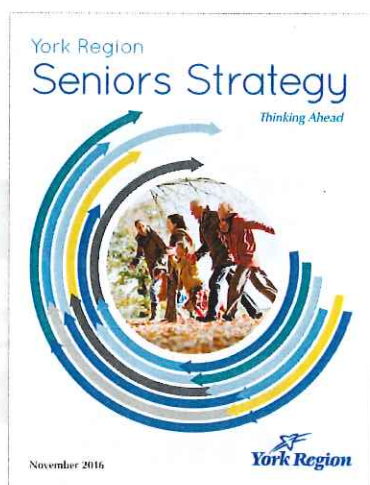
Vaughan

## York Region Programs Benefiting Seniors

- Emergency Management
- Tax Relief for Senior Citizens and Low-Income Disabled Persons
- YRT Mobility Plus/Community Bus Routes
- myRide Travel Training Program
- Expanding Paramedicine in the Community
- Paramedics Assessing Elders at Risk for Independence Loss
- Community Referral by EMS
- Community Health Awareness Program by EMS
- Community Non-Profit and Co-operative Housing Providers
- Home Repair Program
- Housing York (affordable residential rental housing)
- Integrated Psychogeriatric Outreach Program
- Regional Psychogeriatric and Mental Health Consulting Services
- Adult Day Programs
- Long-Term Care (Newmarket/Maple)
- Air Quality Health Index
- Extreme Heat Program
- Food Safety Strategy (food safety for older adults)
- A Step Ahead to Falls Prevention
- Public Health Seniors Services: Community Partnerships, Policy and Resource Development for Falls Prevention
- Fit to Retire
- Health Aging Strategy/Healthy Aging Working Group
- Domiciliary Hostel Programs and Quality of Life
- Homemakers and Nurses Services



## A Collaborative Corporate Strategic Direction



Responding to  
changing demand

## York Region's Role in Serving Seniors



Balance the  
needs of  
seniors with  
all residents



Keep seniors  
healthier, longer



Support  
age-friendly  
complete  
communities



Connect  
seniors/caregivers  
to the right  
programs and  
services at the  
right times

**SENIORS ARE ABLE TO AGE IN PLACE  
FOR LONGER IN THE FUTURE**

## Implementation is Underway



### Balance the needs of seniors with all residents

- Framework for ability to pay options
  - new eligibility criteria implemented for housing and transportation programs and services

## Implementation is Underway



### Keep seniors healthier, longer

- Markham Stouffville Hospital partnership with the Region's Community Paramedicine Team on Hospital to Home Program

## Implementation is Underway



### Support age-friendly, complete communities

- Age-friendly, complete communities workshop held in November 2017 highlighted areas of common interest
  - Better integration and co-location of services
  - Ability to pay models
  - Centralized data on available programs/services for seniors
- Regional Municipal Comprehensive Review
  - Official Plan policies promoting age-friendly, complete communities
  - Retrofitting neighbourhoods and home sharing will be considered
- Mid-Range Income Housing Incentive Framework

## Implementation is Underway

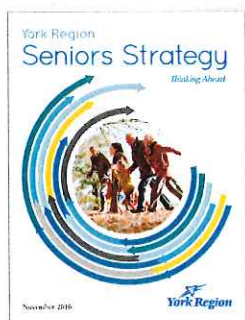


### Connect seniors and caregivers to the right programs and services at the right times

- Connecting Caregivers Workshop:
  - Workshop held in June 2017
  - Workshop planned for June 13, 2018 in Markham
- Seniors Community Grant Program application:
  - Inventory of community services and supports available to seniors and caregivers
  - York Region Nature's Classroom for seniors
  - Expand outreach for the Connecting Caregivers Workshop
  - Medical information kits for seniors for use by paramedics when responding to 911 calls



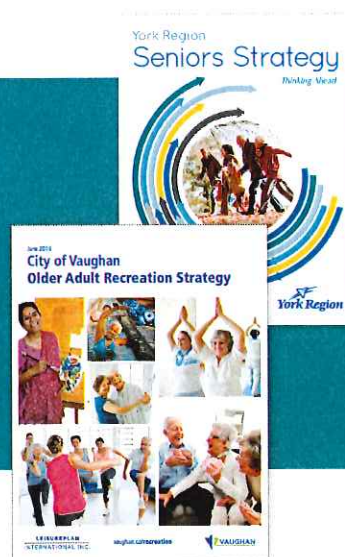
## Connections to the Strategy



A place to call home

## Connections to the Strategy

1. Age-friendly, complete communities
2. Multi-use/multi-service centers for seniors
3. Variety of transportation options
4. Healthy and active seniors



### Successful Implementation Means...

- Program decisions made based on multiple sources of evidence
- More places for seniors to access integrated services
- Greater focus on prevention to mitigate some of the risks associated with aging
- Seniors and caregivers are supported to navigate and access the system
- Decrease in non-emergency 911 calls by seniors
- Resources and subsidies are targeted to those that need it the most, regardless of age

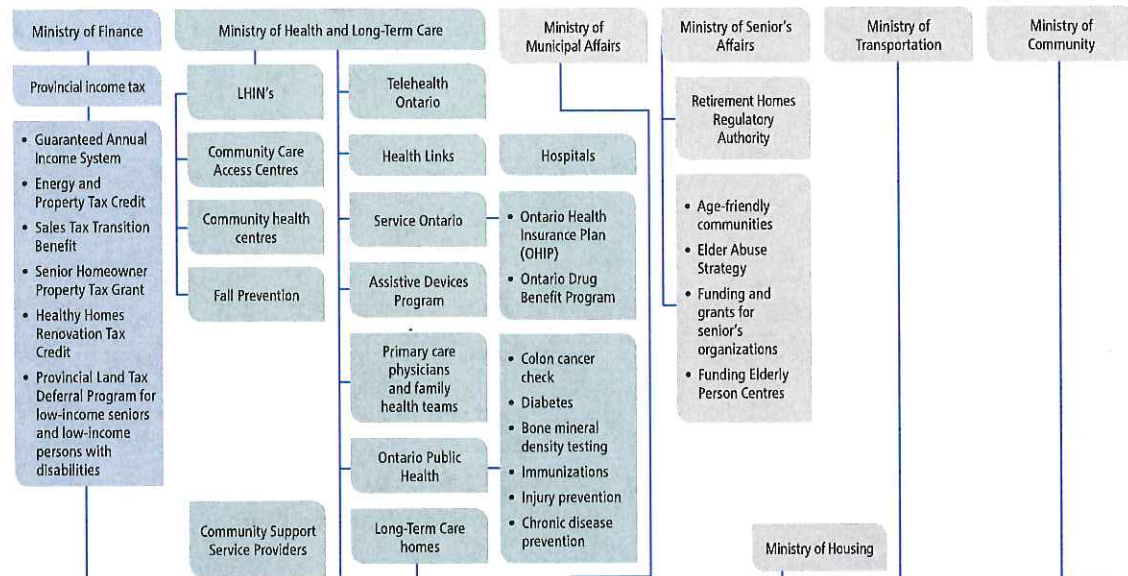


# Government Funded Services for Seniors - A York Region Perspective

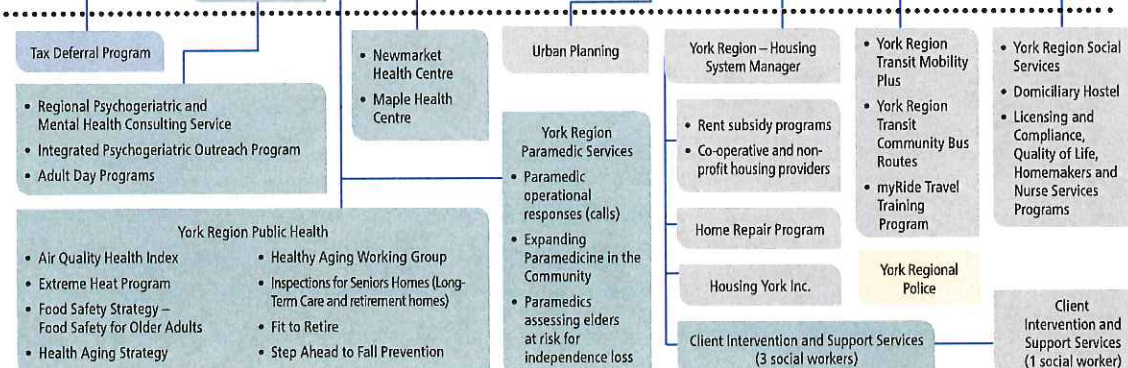
## FEDERAL



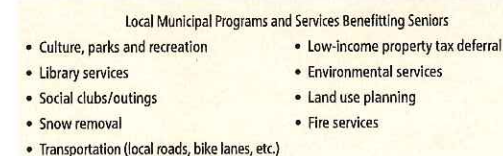
## PROVINCIAL



## REGIONAL



## MUNICIPAL



### CATEGORIES



Broad Policy and  
Finances



Health Care



Housing and  
Transportation



Staying Safe  
and Connected

