

Seniors Month Presentation to The City of Vaughan June 20, 2017



Seniors in York Region/South Simcoe

- Seniors population is growing faster than any other age group
- 1 in 5 people will be 65+ by 2031
- Most seniors in York Region are homeowners and living in single-detached homes
- York Region and South Simcoe are home to a large and growing number of immigrants and visible minorities (by 2022 ½ of people in CLHIN will be visible minorities)
 - increasing need for culturally and linguistically appropriate community care services

People are living longer That's good news!

Average age:

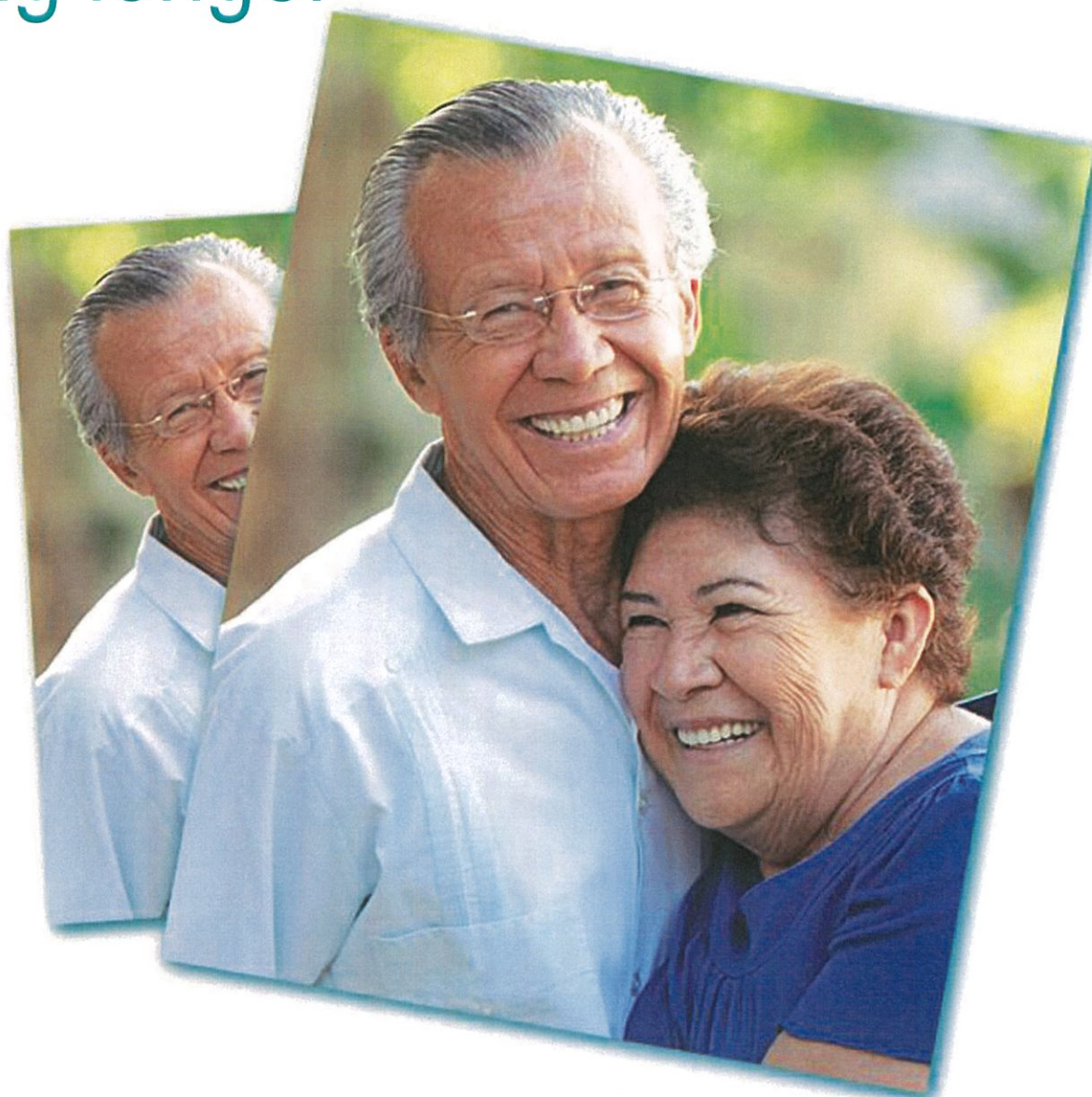
Canada – 81.1

Ontario – 81.5

York Region – 84.1

The life expectancy of
men increasing faster
than women:

- 2010: 48% more women than men over 75
- 2036: 21% more women than men over 75



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Sober Senior Thoughts

Yes, people are living longer, but with more chronic conditions.

- One-third of Canadians between 65-74 are disabled
- Two-thirds over 65 take 5 or more prescriptions



The top 10% of older Ontarians account for 60% of health spending



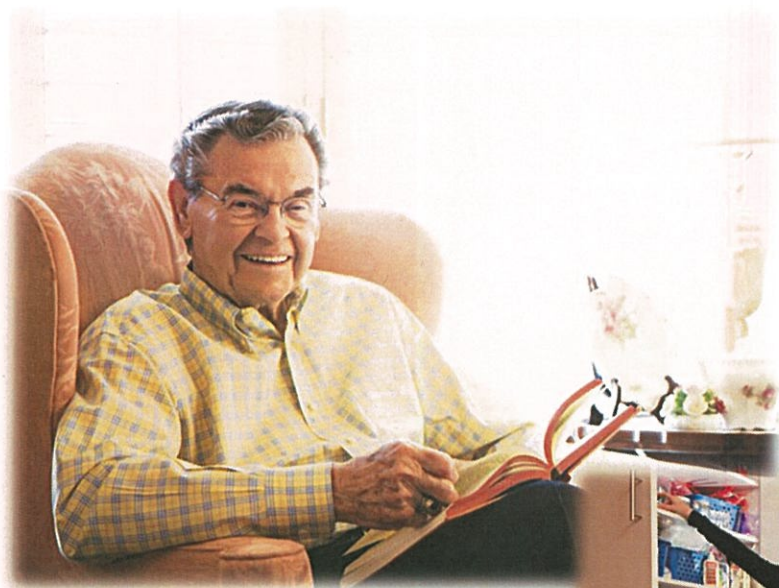
Most older adults prefer to age at home

- Many choose this option to maintain health, independence and dignity
- More cost effective than LTC
- The right care at the right time must be provided, not 'undercare'
- Age, health, wealth and the presence of an informal caregiver can affect 'stay at home' decisions



CHATS' Mission

CHATS is an innovative and valued partner in the healthcare system, delivering high quality home and community services and experiences for older adults.



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What is CHATS?

- Personal care and support, programs and services to enable independent living and family caregiver support
- Tailored care plans that meet clients' unique needs
 - “basket of services”
 - “wrap-around care”



- Moderate fees: many geared to income.
- Exceptional subsidies are available
- Programs and services are available in 26 languages



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Adult Day Programs



Social/Congregate Dining

Community Programs



Diversity Wellness & Outreach Programs



In Home Services

Homemaking
Personal Care
Respite

How CHATS Helps



Meals on Wheels



Assisted Living

Phillips Lifeline



Telephone Assurance (TA)

Home Safety Services

Home Adaptation & Maintenance Program (HAMP)



Transportation

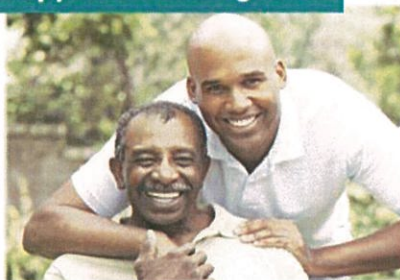
Community Transportation



Home at Last (HAL)

Support for Caregivers

Caregiver Education



Caregiver Respite

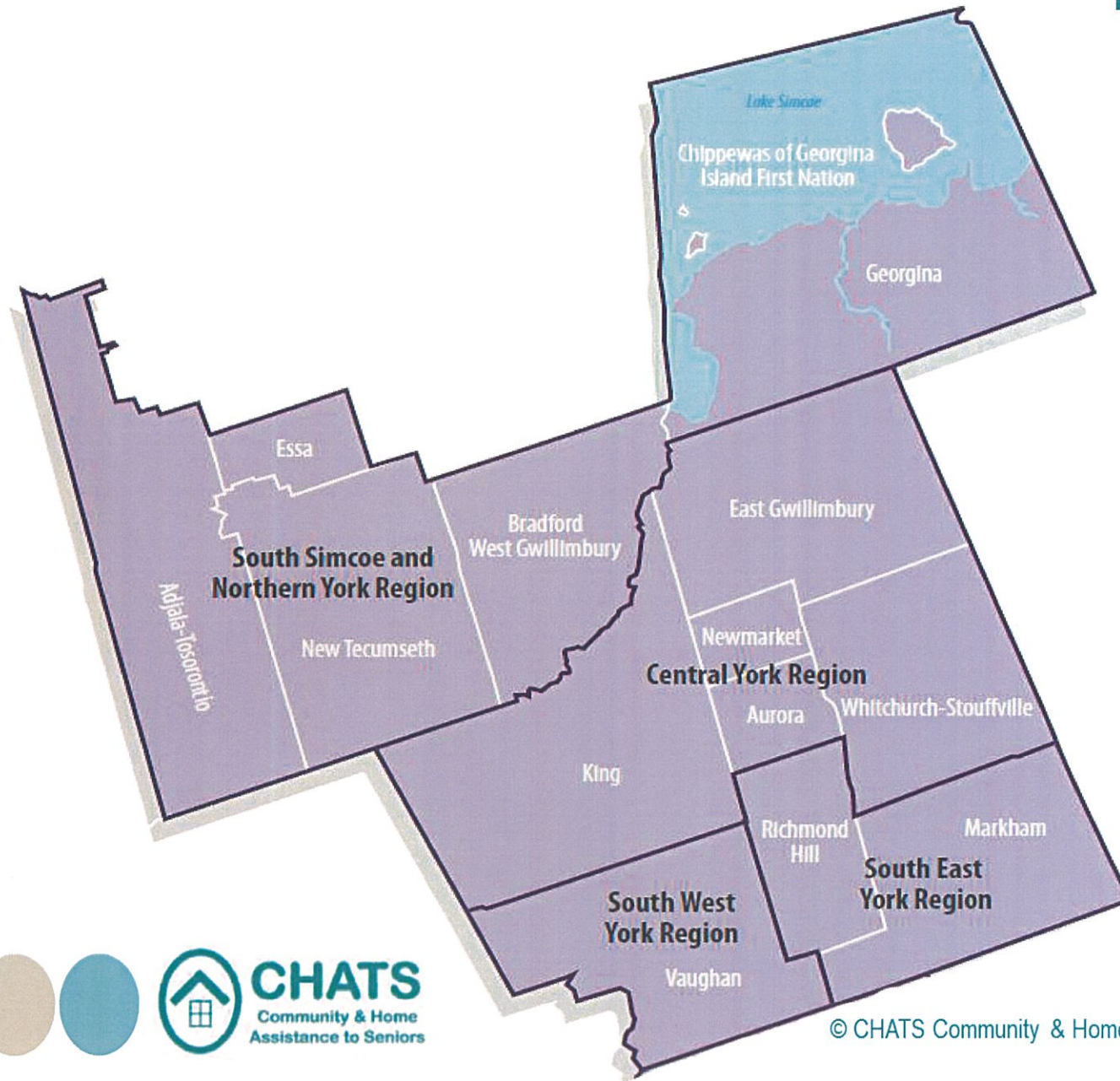


CHATS
Community & Home
Assistance to Seniors

Who CHATS Serves

- **8100** clients in York Region and South Simcoe
- **71%** of CHATS' clients are female and **29%** are male
- Average age range **75 – 84** years
- **10%** of CHATS' clients identify their first language as one other than English
- More than **40%** of CHATS' clients live alone, with **29%** living with a spouse, **22%** living with family and **8%** living with a friend.

CHATS Provides Service in 11 Municipalities



CHATS in Vaughan

By the Numbers

Unique Clients: 1513	
Program	Units of Service
Adult Day Program	6,811 Attendances
Assisted Living	16,323 Attendance Days
Caregiver Support	150 Services
Home at Last	1,684 Visits
Home Help	1,192 Hours
Social & Congregate Dining	17,833 Attendances
Meals on Wheels	4,277 Meals
Personal Care	233 Hours
Respite	5,713 Hours
Telephone Reassurance	2,783 Visits
Transportation	14,016 Drives

Thank You Vaughan

- Since 2013 Vaughan has donated \$40,000 to CHATS through the Mayor's Charitable Foundation.
- These funds have been used for client support and program enhancements throughout the organization.
- 56 residents of Vaughan volunteer with CHATS.





CHATS

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Assistance to Seniors

For more information,

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