

CITY OF VAUGHAN

EXTRACT FROM COUNCIL MEETING MINUTES OF JUNE 7, 2016

Item 19, Report No. 24, of the Committee of the Whole, which was adopted without amendment by the Council of the City of Vaughan on June 7, 2016.

19

SENIORS' MONTH

The Committee of the Whole recommends approval of the recommendation contained in the following report of the Acting Director of Recreation Services, dated May 31, 2016:

Recommendation

The Acting Director of Recreation Services recommends:

1. That the presentation of the video on Seniors in Vaughan, be received; and
2. That the Recreation and Seniors' Month Events Calendar June 2016, outlining the free activities and events scheduled to be held throughout the City of Vaughan in June (Attachment 1), be received.

Contribution to Sustainability

This report is consistent with the priorities previously set by Council in the Green Directions, Vaughan, Community Sustainability Environmental Master Plan, Goal 4, Objective 4.1:

- 4.2 To foster a city with strong social cohesion, an engaging arts scene, and a clear sense of its culture and heritage.
 - 4.2.1 Develop an implementation plan for the initiatives described in the City's Active Together Master Plan through a phased and budgeted program.

Economic Impact

Seniors' Month activities and events identified in this report will be funded through the approved 2016 Recreation Services operating budget and with the assistance of community sponsors.

Communications Plan

The schedule of events will be posted on the City's website, social media and the Seniors Association of Vaughan (SAVI) website. Print copies will be made available at all community centres, Vaughan Public Libraries, as well as distributed to older adult clubs and seniors residences across Vaughan.

Purpose

The purpose of this report is to receive information on Seniors' Month programming in June and view a short video showcasing seniors in the City of Vaughan. At the May 17, 2016, Council meeting, Seniors' Month was proclaimed for the month of June.

Background - Analysis and Options

Each June, the Province of Ontario proclaims June as "Seniors' Month". This year, communities across Ontario are encouraged to celebrate the 2016 Provincial theme, "Seniors Making a Difference". Through the City's Active Together Master Plan, initiatives such as "Seniors' Month" are identified as firmly supporting the objective of sustaining community health and wellness. Participation in recreation activities benefits residents of all ages, with positive impacts to psychological and physical health, social, and community development.

CITY OF VAUGHAN

EXTRACT FROM COUNCIL MEETING MINUTES OF JUNE 7, 2016

Item 19, CW Report No. 24 – Page 2

Seniors' Month Schedule of Free Activities

A selection of free activities geared toward older adults has been integrated into this year's schedule of activities for "Seniors' Month", including Seniors Aqua Fitness, Pickle Ball, Seniors Yoga Dance, Seniors Badminton as well as a variety of wellness workshops in partnership with Vaughan Community Health Centre (VCHC).

SAVI Seniors Information and Exhibition Fair – June 10

The Seniors Information and Exhibition Fair is one of the many initiatives that the Seniors Association of Vaughan (SAVI) provides the community in support of their core objective: to advocate for seniors' needs and interests, and to provide opportunities for seniors to learn more about their physical and mental wellbeing. The Seniors Information and Exhibition Fair will be held at Fontana Primavera Event Centre on Friday, June 10, 2016 beginning at 8:30 a.m. With over 700 senior attendees in 2015, the 2016 fair will include a diverse range of local exhibitors displaying the array of services available to Vaughan seniors. Examples include: "Vaughan Community Health Care - Oral and Dental Health without Insurance"; "CIBC – Protection against Banking Fraud"; and, "Vaughan Fire and Rescue – Education on Elder Abuse". Recreation Services staff actively support the planning and execution of this event.

Older Adult Strategy and Age Friendly Community Grant

The needs and expectations of older adults today differ vastly from those of previous generations. To meet the unique challenges and identify opportunities posed by an aging society, municipalities are beginning the process of developing Age Friendly communities. The World Health Organization defines Age Friendly Communities as those whose "policies, services and structures related to the physical and social environment are designed to support and enable older adults to live in a secure environment, enjoy good health and continue to participate fully in their communities".

To achieve this goal, the Recreation Services Department has worked closely with 'LeisurePlan International' in the development of an Older Adult Strategy that will be presented to Council on June 1, 2016. Facilitation of the strategy included: consultation with older adults and older adult clubs, as well as a jurisdictional review of municipal service delivery approaches and best practices.

In 2015 the Recreation Services Department received \$50,000 in funding from the Age Friendly Community Grant program, administered by the Ontario Senior's Secretariat. Funding from the grant has been converted and will continue to be converted to community programs for older adults across the City, such as Learn to Swim for Seniors, Older Adult Pickle Ball, Older Adult Chair Yoga, Social Ball Room Dancing, Walk and Talk and a series of wellness workshops.

Relationship to Term of Council Service Excellence Strategy Map (2014-2018)

This report is consistent with the Term of Council priority to support and promote arts, culture, heritage and sports in the community.

Regional Implications

There are no regional implications with respect to the proclamation of June as Seniors' Month in the City of Vaughan.

CITY OF VAUGHAN

EXTRACT FROM COUNCIL MEETING MINUTES OF JUNE 7, 2016

Item 19, CW Report No. 24 – Page 3

Conclusion

Through the celebration of June as “Seniors’ Month”, the City of Vaughan is taking a proactive approach to improve the health and active lifestyles of its older adult citizens. Vaughan Seniors are provided quality opportunities for physical activity, learning and social interaction through the provision of recreation activities and events.

Attachments

1. Recreation and Seniors’ Month Events Calendar June 2016

Report Prepared By

Paul Compton, Acting Director of Recreation Services, ext. 8358
Angela Palermo, Manager, Community Development, Arts and Promotional Services, ext. 8139
Deidre Richards, Community Development Coordinator, ext. 8943

(A copy of the attachments referred to in the foregoing have been forwarded to each Member of Council and a copy thereof is also on file in the office of the City Clerk.)

SENIORS' MONTH**Recommendation**

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Conclusion

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Deidre Richards, Community Development Coordinator, ext. 8943

Respectfully submitted,

Paul Compton, Acting Director of Recreation Services

June is... Recreation, Parks & Seniors' Month 2016

Seniors' Month Activities!
Look for the ♥ symbol.

50 FREE
activities & events

vaughan.ca/recreation



Recreation Vaughan



**Al Palladini
Community Centre**
9201 Islington Ave.
Woodbridge
905.832.8564

APCC



**Chancellor
Community Centre**
350 Ansley Grove Rd.
Woodbridge
905.832.8620

CCC



**Dufferin Clark
Community Centre**
1441 Clark Ave. W.
Concord
905.832.8554

DCCC



**Father E. Bulfon
Community Centre**
8141 Martin Grove Rd.
Woodbridge
905.879.8732

FEBCC



**Garnet A. Williams
Community Centre**
501 Clark Ave. W.
Thornhill
905.832.8552

GAWCC



**Maple
Community Centre**
10190 Keele St.
Maple
905.832.2377

MCC



**North Thornhill
Community Centre**
300 Pleasant Ridge Ave.
Thornhill
905.832.8540

NTCC



**Rosemount
Community Centre**
1000 New Westminster Dr.
Thornhill
905.303.2024

RCC



**Vellore Village
Community Centre**
1 Villa Royale Ave.
Woodbridge
905.832.8544

VVCC



**Woodbridge
Pool & Memorial Arena**
5020 Highway 7
Woodbridge
905.832.8576

WPMA



Fitness Centre

Gymnasium

Swimming Pool

**Share your
#JRPMSVaughan selfie!**

Most likes **wins** two
Toronto Blue Jays
tickets*



1 Take a selfie
"on location" at a
Vaughan JRPM event

2 Upload to **Recreation
Vaughan Facebook**
with the **#JRPMSVaughan**

Deadline: Thursday, June 30 at 11:59pm

*Game information: Friday, July 8 at 7pm
Toronto Blue Jays vs. Detroit Tigers

New

Bust a Move Dance
Sports Conditioning
Ecosense Outdoor Discovery
Camp Compassion: Wishing Well
Animal Sanctuary (wait-list)
Outdoor Leadership
Summer Jamboree
Girlsport

60+ camps
extended care
1&2 week sessions
certified staff
busing

vaughan.ca/camps

Summer Camps



Save your spot!
vaughan.ca/RecOnline

