

CITY OF VAUGHAN

EXTRACT FROM COUNCIL MEETING MINUTES OF JANUARY 19, 2016

Item 10, Report No. 2, of the Committee of the Whole, which was adopted without amendment by the Council of the City of Vaughan on January 19, 2016.

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PROCLAMATION REQUEST
EATING DISORDERS AWARENESS WEEK

The Committee of the Whole recommends approval of the recommendation contained in the following report of the City Clerk, dated January 12, 2016:

Recommendation

The City Clerk recommends:

1. That February 1 – 7, 2016 be proclaimed as Eating Disorders Awareness Week;
2. That the proclamation be posted on the City's website and published on the City Page online.

Contribution to Sustainability

N/A

Economic Impact

N/A

Communications Plan

The Corporate Communications Department posts proclamations issued by the City on the City's website under "Council – Proclamations" and on the City Page Online.

Purpose

To respond to the request received from the Administrative Assistant at Riverwalk Eating Disorders and Wellness Centres.

Background - Analysis and Options

Correspondence was received from the Administrative Assistant at the Riverwalk Eating Disorders and Wellness Centres on December 3, 2015.

The proclamation request meets the requirements of the City's Proclamation Policy, as follows:

"That upon request, the City of Vaughan issue Proclamations for events, campaigns or other similar matters:

- (i) which are promoted by any organization that is a registered charity pursuant to Section 248 of the Income Tax Act"

Riverwalk Eating Disorders and Wellness Centres work to raise awareness concerning the health implications of eating disorders, as well as removing the stigma surrounding them. Eating disorders are mental health illnesses that are often left untreated, frequently resulting in lasting medical complications or death. Prevention education and awareness makes early intervention possible.

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Relationship to Term of Council Service Excellence Strategy Map (2014-2018)

This report supports the Term of Council priorities, as outlined in the Service Excellence Strategy Map:

- Continue to ensure the safety and well-being of citizens

Regional Implications

N/A

Conclusion

Staff is recommending that February 1 – 7, 2016 be proclaimed as Eating Disorders Awareness Week, and that the proclamation be posted on the City's website and the City Page Online.

Attachments

Attachment 1 Correspondence from Administrative Assistant, Riverwalk Eating Disorders and Wellness Centres

Report prepared by:

Julia Bartolomeo, Administrative Assistant to the City Clerk

(A copy of the attachments referred to in the foregoing have been forwarded to each Member of Council and a copy thereof is also on file in the office of the City Clerk.)

**PROCLAMATION REQUEST
EATING DISORDERS AWARENESS WEEK****Recommendation**

The City Clerk recommends:

1. That February 1 – 7, 2016 be proclaimed as Eating Disorders Awareness Week;
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Report prepared by:

Julia Bartolomeo, Administrative Assistant to the City Clerk

Respectfully submitted,

Jeffrey A. Abrams

Eating Disorders of York Region
**Riverwalk Eating Disorders
and Wellness Centres**



November 30, 2015

Council of City of Vaughan
2141 Major Mackenzie Dr.,
Vaughan, ON L6A 1T1

RECEIVED

DEC 03 2015

CLERK'S DEPT.

Dear Council of the City of Vaughan,

Please accept this letter in support of a proclamation for Eating Disorders Awareness Week, which occurs the first full week of February each year.

Raising awareness concerning the health implications of eating disorders and lessening stigma are priorities for Eating Disorders Awareness Week. Individuals and families need to be aware that eating disorders are a serious mental health issues. Prevention education and raising awareness makes early intervention possible addressing eating disorders in its early stages.

Eating disorders are highly stigmatized, misunderstood and have the highest mortality rate of any other mental health illness.¹ Although eating disorders have the highest mortality rate of any mental disorder, the mortality rates reported can vary considerably between studies and sources. Part of the reason why there is a large variance in the reported number of deaths caused by eating disorders is because those who suffer from an eating disorder may ultimately die of heart failure, organ failure, malnutrition or suicide. Often, the medical complications of death are reported instead of the eating disorder that compromised a person's health.² Despite the risks and mortality rate, only 1 in 10 men and women with eating disorders receive treatment and only 35% of people that receive treatment for eating disorders get treatment at a specialized facility for eating disorders.³

As a community based non-profit organization which has, for over ten years, been providing support and services for individuals and families struggling with eating disorders, we respectfully request a proclamation to declare the first week of February Eating Disorders Awareness Week to help raise awareness of this deadly disorder.

Sincerely,

Natalia Tvoronovitch
Administrative Assistant

¹ American Journal of Psychiatry, Vol. 152 (7), July 1995, p. 1073-1074, Sullivan, Patrick F.

² Crow, S.J., Peterson, C.B., Swanson, S.A., Raymond, N.C., Specker, S., Eckert, E.D., Mitchell, J.E. (2009) Increased mortality in bulimia nervosa and other eating disorders. *American Journal of Psychiatry* 166, 1342-1346.

³ Characteristics and Treatment of Patients with Chronic Eating Disorders, by Dr. Greta Noordenbox, *International Journal of Eating Disorders*, Volume 10: 15-29, 2002.