

DATE: May 22, 2014
TO: Mayor and Members of Council
FROM: Tim Simmonds, Executive Director, Office of the City Manager
Mary Reali, Director of Recreation and Culture
RE: **COMMUNICATION – COUNCIL MEETING – MAY 27, 2014**

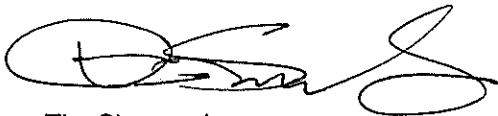
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Item #	<u>2</u>
Report No.	<u>21 (cw)</u>
<u>Council - May 27/14</u>	

**PROCLAMATION REQUEST – SENIORS' MONTH
ITEM #2 – COMMITTEE OF THE WHOLE – MAY 13, 2014**

In response to the discussion at the Committee of the Whole meeting on May 13, 2014, attached is additional information on activities taking place in June during Seniors Month.

Activities are provided by the following groups:

- Recreation and Culture Department,
- Vaughan Public Libraries,
- York Regional Police, and
- Older Adult Clubs of Vaughan and SAVI (Seniors Association of Vaughan Initiative).



Tim Simmonds
Executive Director, Office of the City Manager



Mary Reali
Director, Recreation and Culture

cc: Barbara Cribbett, Interim City Manager
Senior Management Team
Jeffrey Abrams, City Clerk

Attachment: Seniors' Month Activities – June 2014

City of Vaughan
June 2014 Seniors Month Activities

Organizer	Event	Location	Date/Time	Brief Description
Bridge Club	Bridge	Garnet A. Williams CC	Mon/Tue/Wed's: 1:00 - 4:00 pm	Bridge
Concord West Seniors Club	Bingo	7575 Keele St (Concord West Seniors Club)	Sundays: 7:30pm Thursdays: 7:30pm	Bingo
Concord West Seniors Club	Cards	7576 Keele St (Concord West Seniors Club)	Mondays: 7:30pm Fridays: 7:30pm	Bridge and assorted card games
Concord West Seniors Club	Darts	7577 Keele St (Concord West Seniors Club)	Tuesdays: 7:30pm	Darts
Concord West Seniors Club	Tai Chi	North Thornhill CC	Sundays: 4:00 – 6:00 pm (ends June 6)	Tai Chi for Seniors
East Woodbridge Seniors Club	Social Time (cards, bingo)	Chancellor CC	Mon - Sun: 11:30 am - 11:00 pm (Bingo for Ladies Mondays at 6:30 pm)	Social Time (cards, bingo)
Elspeth Heyworth Center	Various Activities	Vellore Village CC	Mondays 11:00 am-4:00 pm and Fridays 12:00-4:00pm	Various classes, Yoga
Filipino Seniors Club	Line Dancing	Dufferin Clark CC	Wednesdays: 8:30 – 10pm	Instructed Line Dancing
Filipino Seniors Club	Line Dancing	Dufferin Clark CC	Thursdays: 7 – 10pm	Instructed Line Dancing
Filipino Seniors Club	Line Dancing	Dufferin Clark CC	Fridays: 7 – 10pm	Instructed Line Dancing
Filipino Seniors Club	Folk Dancing	Dufferin Clark CC	Fridays: 7 – 10pm	Instructed Heritage Folk Dancing
First Chinese Seniors Association of Vaughan	Morning Exercises	North Thornhill CC	Mon/Tues/Wed/Fri: 10:00 am – 12:00 pm (ends June 6).	Morning exercises for seniors including Tai Chi and Fan Stretching

Organizer	Event	Location	Date/Time	Brief Description
First Chinese Seniors Association of Vaughan	Sunday Socials	Dufferin Clark CC	Sundays: 1pm – 5pm	General Seniors Recreation Activities (changes weekly)
First Chinese Seniors Association of Vaughan	Line Dancing	Dufferin Clark CC	Mondays: 11 am – 12:30 pm	Instructed Line Dancing
First Chinese Seniors Association of Vaughan	Line Dancing	Dufferin Clark CC	Tuesdays: 7:30 – 10:00 pm	Instructed Line Dancing
First Chinese Seniors Association of Vaughan	Morning Exercises	Dufferin Clark CC	Mon/Wed/Fri: 9 – 11am	Morning exercises for seniors including Tai Chi and Fan Stretching
First Chinese Seniors Association of Vaughan	Drop in Social Dancing	Dufferin Clark CC	Tuesdays: 9:30am – 12:30pm	Couples Dancing, Fan Dancing and Line Dancing
First Chinese Seniors Association of Vaughan	Table Tennis	Dufferin Clark CC	Tuesdays: 1 – 4 pm	Table Tennis for Seniors
First Chinese Seniors Association of Vaughan	Better Body Dynamics	Dufferin Clark CC	Thursdays: 8:30 – 10:00 pm	Low Impact Exercise
First Chinese Seniors Association of Vaughan	Chinese Drum Practice	Dufferin Clark CC	Wednesdays: 12:30 – 2 pm	Instructed Line Dancing
First Chinese Seniors Association of Vaughan	Tai Chi	Vellore Village CC	Wednesdays: 9:00-10:45 am	Tai Chi
First Chinese Seniors Association of Vaughan	Social Time, Library Book Exchange (once monthly)	Vellore Village CC	Wednesdays: 10:45 am-1:00 pm	Social time and monthly library book exchange
Guild of Portraits Painters	Painting	Vellore Village CC	Wednesdays: 12:30 - 5:00 pm	Canvas painting
Human Endeavour	Social Time	Vellore Village CC	Mon-Fri: 4:30-6:30pm	South Asian Seniors social time
Human Endeavour	Various Activities	Vellore Village CC	Tuesdays 12:00-3:00pm and Thursdays 12:30-3:00pm	Various classes, language lessons, fitness activities, social time

Organizer	Event	Location	Date/Time	Brief Description
Maple Canadian Italo Senior's Club	Bingo	Maple CC	Wed/Sun: 6:00 - 9:00 pm	Bingo for Club Members.
Maple Canadian Italo Senior's Club	Summer Club Picnic	Maple CC and Park	June 27: 12:00 - 5:00 pm	Picnic for members, family and friends.
Maple Canadian Italo Senior's Club	Maple Pioneer Italian Senior's Club	Merino Road	Mon/Thu: 6:00 - 9:00 pm	Bingo for Club Members.
Maple Canadian Italo Senior's Club	Trip to Our Lady of Fatima and Niagara Falls	Niagara Falls etc.	June 7	Trip to Our Lady of Fatima and Niagara Falls
Pine York Seniors	Bingo	Pine York Storefront Facility 7700 Pine Valley Dr. unit 15 & 16	Tue/Thu's: 1:00 – 4:00 pm	Bingo
Pine York Seniors	Cards	Pine York Storefront Facility 7700 Pine Valley Dr. unit 15 & 16	Daily: 1- 4 pm	Cards
Recreation and Culture	Tai Chi: Advanced 60+	#1 Sonoma Blvd-Storefront	Tuesdays: 7:00pm	Seniors Tai Chi
Recreation and Culture	Tai Chi: Beginner 60+	#1 Sonoma Blvd-Storefront	Tuesdays: 8:00pm	Seniors Tai Chi
Recreation and Culture	Zumba Fitness 60+	#1 Sonoma Blvd-Storefront	Wednesdays: 8:30pm	Seniors Zumba – Low Impact
Recreation and Culture	Fitness 60+	#1 Sonoma Blvd-Storefront	Thursdays: 8:00pm	Seniors Fitness – Low Impact
Recreation and Culture	YOGA 60+	7577 Keele St (Concord West Seniors Club)	June 6 (last class) 9:30 – 10:30am	Restorative Yoga registered program
Recreation and Culture	Arthritis Fitness	Chancellor CC	June 1: 9:30 - 10:30	Arthritis fitness. Registered program.
Recreation and Culture	Fitness class 60+	Chancellor CC	Mon/Wed/Fri: 1:00 - 2:00 pm	Fitness class for Older Adults 60+ (registered program, ends June 2)

Organizer	Event	Location	Date/Time	Brief Description
Recreation and Culture	Tai Chi 60+	Chancellor CC	Mon/Tue/Thu: 10:00 - 11:00 am	Thi Chi class for Older Adults 60+ (registered program, ends June 3)
Recreation and Culture	Recreational Bocce	Chancellor CC	Mon-Sun: 11:30 am - 11:00 pm	Bocce. Membership required.
Recreation and Culture	Seniors Zumba	Chancellor CC	Tuesdays: 6:30 - 7:30 pm	Zumba for Seniors.
Recreation and Culture	YOGA 60+	Dufferin Clark CC	Tuesdays: 10am – 11am, 11am – 12pm	Restorative Yoga registered program
Recreation and Culture	YOGA 60+	Dufferin Clark CC	Thursdays: 10am – 11am, 11am – 12pm	Restorative Yoga registered program
Recreation and Culture	Bocce	Dufferin Clark CC	Mon – Fri: 10am – 10pm, Sat/Sun 12pm – 3pm	Bocce - Membership required
Recreation and Culture	Fitness 60+	Father Ermanno Bulfon CC	Wednesdays: 9:30 to 10:30 (June 3, 5 only)	Seniors Fitness – Low Impact
Recreation and Culture	Bocce	Father Ermanno Bulfon CC	Daily	Bocce. Membership required.
Recreation and Culture	Line Dancing 60 +	Garnet A. Williams CC	Wednesdays: 11:00 am - 2:00 pm	Line dancing for seniors. Registered program, ends June 11.
Recreation and Culture	Tai Chi 60+	Garnet A. Williams CC	Tuesdays: 1:00 - 2:00 pm	Thi Chi class for Older Adults 60+ (registered program, ends June 3)
Recreation and Culture	Tai Chi 60+ (Advanced)	Garnet A. Williams CC	Tuesdays: 2:30 - 3:30 pm	Advanced Thi Chi class for Older Adults 60+ (registered program, ends June 3)
Recreation and Culture	Pickle Ball	Maple CC	June 10, 12:00 - 2:00 pm	A trending racquet sport combining elements of badminton, tennis and table tennis.

Organizer	Event	Location	Date/Time	Brief Description
Recreation and Culture	Line Dancing 60 +	Maple CC	Thursdays: 2:15 - 3:15 pm	Line dancing for seniors. Registered program, ends June 12.
Recreation and Culture	Fitness class 60+	Vellore Village CC	Mon/Wed: 11:00 am - 12:00 pm	Fitness class for Older Adults 60+ (registered program, ends June 18th)
Seniors Association of Vaughan Initiative (SAVI) in partnership with Vaughan Community Health Centre and Vaughan Fire Rescue Service.	Seniors Information and Exhibition Fair	Veneto Centre (7465 Kipling Ave)	Wednesday, June 18th, 2014: 9:30 a.m.-2:30 p.m.	Information Services for Seniors. There will be 3 session ½ hour session in length include: IC Saving, Elder Abuse and Mediation Safety. There are 17 Exhibitors to provide information for Seniors. All seniors clubs have been invited.
Sonoma Heights Senior Club	Tombola/ Cards	#1 Sonoma Blvd-Storefront	Monday: 6:00pm	Italian Bingo/ Cards
Sonoma Heights Senior Club	Bingo/Cards	#1 Sonoma Blvd-Storefront	Fridays: 6:00pm	Bingo/Cards
Sonoma Heights Senior Club	Cards	#1 Sonoma Blvd-Storefront	Mon-Sat: 1-4 pm	Italian Card Games
Sonoma Heights Senior Club	Cards	#1 Sonoma Blvd-Storefront	Tue-Thu: 7-9 pm	Italian Card Games
Sonoma Heights Senior Club	Movie & Dinner Night- Monthly	#1 Sonoma Blvd-Storefront	Date not set for June	Dinner and a Movie
Thornhill African Caribbean Canadian Seniors Club	Men's Social	Dufferin Clark CC	Sundays: 4:30 – 7:30pm	General Seniors Recreation Activities, dominos, movies, cards
Thornhill African Caribbean Canadian Seniors Club	Phenomenal Women	Dufferin Clark CC	Tuesdays: 7 – 9 pm	General Seniors Recreation Activities, book clubs, health discussions

Organizer	Event	Location	Date/Time	Brief Description
Thornhill African Caribbean Canadian Seniors Club	Steel Drum Practice	Dufferin Clark CC	Sundays: 10 – 11:30am	Playing steel drums
Thornhill Seniors Club (Indian)	Seniors Programming	Dufferin Clark CC	Mondays: 4:30 – 7:30pm	General Seniors Recreation Activities, Laughing Yoga, celebrations.
Thornhill Seniors Club (Indian)	Lecture Series	Dufferin Clark CC	Thursdays: 3:30 – 6:30pm	Rotating guest lectures arranged by Club
Thornhill Seniors Club (Indian)	Yoga	Dufferin Clark CC	Wednesdays: 10am – 12pm	Yoga for seniors.
Vaughan Public Library	Learning for Life's Changes	Bathurst Clark Resource Library	June 5, 12, 19 & 26: 3pm	Series of workshops on the changes we experiences as we age.
Vaughan Public Library	Senior Social	Woodbridge Library	June 19, July 17 and August 21: 2:00 pm	Program featuring book chats, activities, guest speakers and special information workshops
Vellore Village Seniors Club	Card Play	Vellore Village CC	Mon-Sat: 1:00-4:00pm	Card Playing, Italian card games
Vellore Village Seniors Club	Card Play	Vellore Village CC	Tue/Fri: 6:30 - 10:00pm	Card Playing, Italian card games
Vellore Village Seniors Club	Bingo	Vellore Village CC	Tue/Fri: 6:30-10:00pm	Bingo and cards
Vellore Village Seniors Club	Mother's and Father's Day Dinner Dance	West River Event Centre	June 29: 6:00pm	Celebration of Mother's and Father's (ticket required)
West Woodbridge Seniors	Bingo	Father Ermanno Bulfon CC	Mon/Fri: 6:00 - 10:00 pm	Bingo
West Woodbridge Seniors	Cards	Father Ermanno Bulfon CC	Daily: 12- 5 pm/7-10 pm	Cards

Organizer	Event	Location	Date/Time	Brief Description
York Regional Police	Seniors Day 2014	Oak Ridges CC	June 4: 9:00 am - 3:00 pm	Events and seminars for seniors. Note: Event travels to different municipalities across York Region every year.