

CITY OF VAUGHAN

EXTRACT FROM COUNCIL MEETING MINUTES OF JUNE 5, 2017

Item 4, Report No. 21, of the Committee of the Whole, which was adopted without amendment by the Council of the City of Vaughan on June 5, 2017.

4 PROCLAMATIONS – RECREATION AND PARKS MONTH AND SENIORS' MONTH

The Committee of the Whole recommends approval of the recommendation contained in the following report of the Deputy City Manager, Community Services and the Director, Recreation Services, dated May 23, 2017:

Recommendation

The Deputy City Manager, Community Services and the Director, Recreation Services recommend:

1. That Council proclaim the month of June as "Recreation and Parks Month" and "Seniors' Month" in the City of Vaughan; and,
2. That these proclamations be in effect for successive years moving forward; and,
3. That the schedule of free activities being offered in the community as found in Attachment 1, be received.

Contribution to Sustainability

This report is consistent with the priorities previously set by Council in the Green Directions, Vaughan, Community Sustainability Environmental Master Plan, Goal 4, and Objective 4.1:

- To foster a city with strong social cohesion, an engaging arts scene, and a clear sense of its culture and heritage.
 - 4.1.1 Develop an implementation plan for the initiatives described in the City's Active Together Master Plan through a phased and budgeted program.

Economic Impact

Recreation and Parks Month and Seniors' Month activities and events identified in this report will be funded through the approved 2017 Recreation Services operating budget.

Communications Plan

The proclamation of June as Recreation and Parks Month, and Seniors' Month, including a schedule of activities and events, will be posted on the City website and social media platforms, distributed and posted in community centres, and at Vaughan Public Libraries.

Purpose

The purpose of this report is to request that Council proclaim the month of June as Recreation and Parks Month and Seniors' Month in the City of Vaughan.

Background - Analysis and Options

Recreation and Parks Month

The Province of Ontario first officially declared June as Recreation and Parks Month in 2006. Participation in recreation activities benefits residents of all ages, with positive impacts to physical and mental health, as well as social, and community engagement.

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In 2017, Recreation Services will celebrate June as Recreation and Parks Month from June 1 – June 30, 2017. An expansive selection of free activities is scheduled throughout the community including:

- 5km Summer Twine Walk / Run for Rec Assist
- Vaughan Enriched Special Needs Day Program
- Family Bowling
- Toddler Run & Fun
- Spring into Summer Rec Swim
- Youth Volleyball
- Tabata Interval Training
- Power Cycling
- Mind and Body Aquafitness
- Gentle Yoga

Seniors' Month

Each June, the Province of Ontario proclaims June as Seniors' Month. This year, communities across Ontario are encouraged to celebrate the 2017 Provincial theme, "Living Your Best Life". Through the City's Active Together Master Plan, initiatives such as "Seniors' Month" are identified as firmly supporting the objective of sustaining community health and wellness.

A selection of free activities geared toward older adults has been integrated into the 2017 Recreation and Parks Month schedule of activities including: Arthritis Fitness, Pickle Ball, Seniors Badminton, and Mind and Body Aquafitness.

Older Adult Strategy

Recreation Services has commenced a series of programming and community engagement projects which are recommendations outlined in the City of Vaughan Older Adult Recreation Strategy. Throughout 2016, access to provincial grants and regional partnership opportunities has resulted in the implementation of 30+ subsidized Older Adult community programs across Vaughan's recreation facilities. In anticipation of the evolving and dynamic needs of Vaughan's older adult population, new programs and initiatives to help implement the Older Adult Strategy will occur in the next few years to better serve our growing older adult citizens.

Relationship to Term of Council Service Excellence Strategy Map (2014-2018)

This report is consistent with the Term of Council priority to support and promote arts, culture, heritage and sports in the community.

Regional Implications

There are no regional implications to this report.

Conclusion

Providing opportunities and engaging our community in active and health promoting programs and services is a key priority for the Recreation Services. Commemorating and celebrating Recreation and Parks Month and Seniors' Month are important community building initiatives that align with the City's focus on service excellence.

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Attachments

1. 2017 Recreation and Seniors' Month Activity Schedule

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(A copy of the attachments referred to in the foregoing have been forwarded to each Member of Council and a copy thereof is also on file in the office of the City Clerk.)