

Vaughan Fitness Class Guidelines

1. Vaughan Fitness classes are for members only until further notice.
2. As part of fitness class **check-in procedure**, members are required to complete the **Provincial Public Health Self-assessment** prior to starting the class.
3. All fitness classes are one hour in length. The first 15 minutes of the time slot is dedicated to registration and screening. Instructional time is 45 minutes.
4. Members must pre-register for a fitness class at vaughan.ca/RecOnline. We accept 10 visit pass holders to book fitness sessions/workouts. Drop-ins will not be accepted.
5. Physical distancing protocols will be in place for both indoor and outdoor fitness classes.
6. Fitness classes will have limited equipment available to reduce touch points. Members must bring their own mat for floor exercises.
7. Members are required to clean equipment with the provided disinfectant wipes before and after use.
8. Fitness class participants must bring a filled water bottle for outdoor classes as water fountains are not available. During indoor classes, members will be able to refill their bottles at the nearest designated water fountain.
9. Outdoor fitness classes may be cancelled due to inclement weather (e.g., heat advisory, rain or thunderstorms). Cancellations will be posted on Instagram [@recvaughan](https://www.instagram.com/recvaughan), Facebook [@VaughanRecreation](https://www.facebook.com/VaughanRecreation) and vaughan.ca/fitness by 8:15am on the day of the scheduled class.
10. Upon completion of the class fitness members must vacate the gymnasium and/or designated outdoor space immediately, and will not be allowed access to the fitness centre.