

Swim & Aquafitness Schedule

North Thornhill Pool
300 Pleasant Ridge Avenue,
Thornhill | 905.832.8540

Fall 2021

Updated: December 1, 2021

Pre-registration is required to use the pool and can be done at vaughan.perfectmind.com. Walk-ins will not be permitted. Members and residents can register four days and two hours in advance of the scheduled swim. Non-members and non-residents can register one day and two hours in advance of the scheduled swim. Schedules are subject to change without notice based on attendance and staff resources. Swim descriptions and admission guidelines on reverse.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Aquafitness

8:30-9:15am	8:30-9:15am	8:30-9:15am	8:30-9:15am	8:30-9:15am		
9:45-10:30am	9:45-10:30am	9:45-10:30am	9:45-10:30am	9:45-10:30am		
8-8:45pm	8-8:45pm	8-8:45pm	8-8:45pm	8-8:45pm		

Length Swim *Hot tub is closed during these times

7-8am		7-8am		7-8am		
	10:45-11:45am*	10:45-11:45am*	10:45-11:45am	10:45-11:45am*		
	12-1pm*		12-1pm	12-1pm*		12:30-1:30pm
	1:15-2:15pm*		1:15-2:15pm	1:15-2:15pm*		1:45-2:45pm
9:15-10:15pm*	9:15-10:15pm	9:15-10:15pm	9:15-10:15pm	9:15-10:15pm		

Recreational

					3:15-4:15pm	3:15-4:15pm
					4:30-5:30pm	4:30-5:30pm

Recreational, Length and Parent & Tot Fees

	Child/Youth (4-17 years)	Adult (18 years+)	Older Adult (65 years+)	*Group
Single visit	\$3.25	\$6	\$4	\$12
Pass - 10 visit	\$25.80	\$47.40	\$31.90	\$94.80
Pass - 50 visit	\$113	\$211	\$139.20	\$419.75
Pass - 1 year	\$164.47	\$306.85	\$162.45	\$612.95

*Group fees: a maximum of 5 participants residing at the same address.

Aquafitness Fees

	Youth (13-17 years)	Adult (18 years+)	Older Adult (65 years+)
Single visit	\$4.50	\$10.50	\$4.50
Pass - 10 visit	\$38.10	\$86	\$38.10
Pass - 25 visit	\$90.30	\$201	\$90.30
Pass - 1 year	\$149.89	\$424.60	\$149.89

vaughan.ca/swim

HST included in single visit fees, where applicable. HST will be charged at the point of sale for multiple visit passes. Fees are for visits within the set time frame and are subject to change. No refunds or credits on 10 visit passes. Children under 4 years of age are **FREE**. A non-resident surcharge of 10% may be applicable. Schedules are subject to change during holidays. Visit vaughan.ca/swim for updates and the most current **Pool Guidelines & Safety Standards**.

Pool Guidelines & Safety Standards

Based on the guidance of The Lifesaving Society, and provincial and regional public health authorities as it relates to COVID-19, pool users can expect to see some changes to city-operated pools. Outlined below are new standards to ensure safe pool usage and the ongoing health and safety of swimmers and aquatic staff.

Note: These guidelines are subject to change based on ongoing advice provided by federal and provincial public health officials.

Pre-registration is required to use the pool and can be done at vaughan.perfectmind.com. Walk-ins will not be permitted. Members and residents can register four days and two hours in advance of the scheduled swim. Non-residents and non-members can register two days and two hours in advance of the scheduled swim.

Individuals age 12 and older are required to provide proof that they are fully vaccinated and have received their final dose of a COVID-19 vaccine at least 14 days prior to entering a City facility, unless the individual qualifies for an exemption.

The City continues to adhere to Provincial direction. Details are available in the Ontario Regulation 645/21 "Reopening Ontario Act, 2020" available for download or print at <https://www.ontario.ca/laws/regulation/r21645>.

Pool admission

- Prior to arriving at the community centre, pool users are required to complete the Provincial Public Health self-assessment.
- Masks/face coverings are required upon entry, exit and when travelling throughout the facility.
- Masks must be worn while traveling on the deck. You may remove your mask prior to entering the pool.

Cleaning and sanitization

- All pool users are encouraged to practice good hygiene, including washing hands with soap, frequently sanitizing, and limiting contact with common surfaces.
- Multiple hand sanitizer stations are available throughout the facility.

- All commonly used furniture (e.g. chairs, tables) will be restricted or removed from the facility to discourage congregating and cross contact.
- Enhanced, daily cleaning and disinfection of high traffic surfaces and areas, including pool change rooms.
- Water chemistry levels will be checked every two hours to ensure adequate levels of sanitization.

Physical distancing

- Pools will operate based on the guidance of public health authorities.
- Use the identified entry and exit points as indicated by signage and markers. Respect markers guiding traffic into, throughout, and out of the facility to practice physical distancing, sanitizing, and limiting contact with common surfaces.

Pool amenities

- Water fountains will be blocked off; users are encouraged to bring their own pre-filled water bottles.
- Slides will be closed until further notice.
- Availability of common pool equipment will be restricted (e.g., snorkels, flutter boards, toys).
- The lost and found will be removed until further notice.
- Access to showers and day use lockers is available. Shower time is factored into the swim session and swimmers must vacate at the end of their scheduled session.

Swim Descriptions

Aquafitness

This program uses the water as resistance to increase muscle tone, strength, and endurance. Classes are generally conducted in chest deep water. Knowing how to swim is not a prerequisite to programs offered in chest deep water. Classes allow participants to work at their own pace and intensity.

Length Swim

A time for endurance and fitness swimming for patrons requiring structured length swimming or fitness. Participants must be 7 years of age and able to pass the Facility Swim Test.

Parent & Tot Swim

A time for parents and a maximum of 2 children under 7 years of age per adult; each participant must be registered.

Recreational Swim

Open to everyone.

Admission Guidelines

Parents, guardians or group leaders are responsible for the children in their care while in the facility and must directly supervise the children at all times.

We strongly recommend the buddy system and encourage people to attend in pairs or small groups.

6 years of age & under

- Must be accompanied by a parent or guardian 16 years+ who is responsible for their direct supervision. (Maximum of 2 children per guardian).
- Parent/guardian must be in bathing attire and within arms reach of the child(ren) **at all times** in or out of the water.

7-9 years of age

- Must use gender specific change rooms.

Child is a non-swimmer or cannot complete facility swim test:

- Must be accompanied by a parent or guardian 14 years+ (maximum of 2 children per guardian) who is responsible for their direct supervision. Maximum number of children increases to 8 per guardian when all children are 7-9 years of age and wear a Personal Flotation Device (PFD).
- Parent/guardian must be in bathing attire and within arms reach of the child(ren) **at all times** in or out of the water.

Child can complete facility swim test:

Admitted unaccompanied. Recommended to always swim with a buddy.

10 years of age & older

- Must use gender specific change rooms.
- Admitted unaccompanied. Recommended to always swim with a buddy.



Red Wrist Band: Non-Swimmer

9 years of age & under. Accompanied by parent or guardian.

Yellow Wrist Band: Unaccompanied
7-9 years of age. Facility swim test required.*

Green Wrist Band: Strong Swimmer

7-9 years of age. Permitted unaccompanied in all swimming areas. Successfully completed facility swim test.* Applied by lifeguard.

10 years of age or older?

Unaccompanied. It's always recommended to **swim with a buddy!**

*The facility swim test includes, but is not limited to, swimming 25 metres.