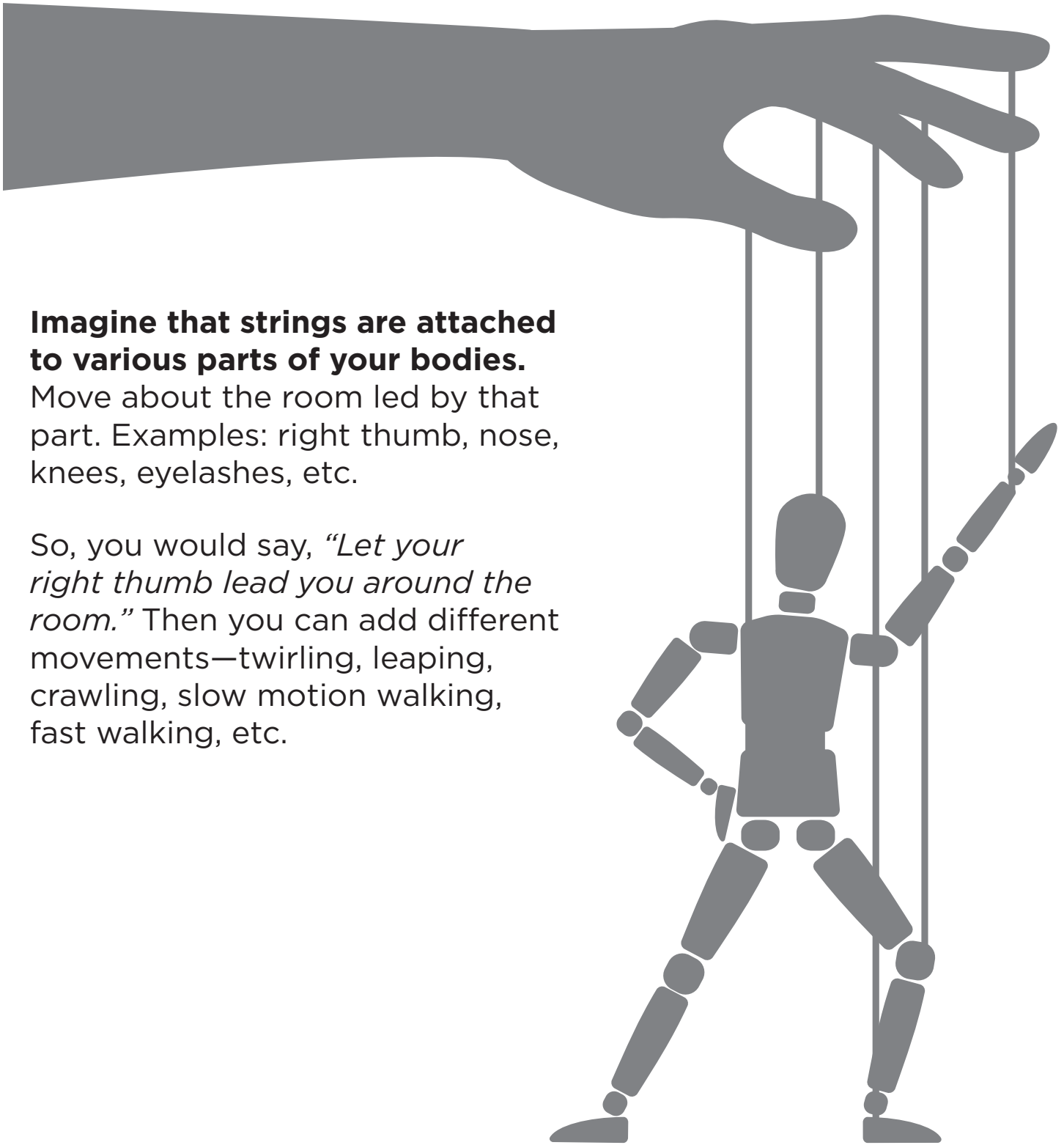


LED BY THE NOSE



Imagine that strings are attached to various parts of your bodies.

Move about the room led by that part. Examples: right thumb, nose, knees, eyelashes, etc.

So, you would say, *“Let your right thumb lead you around the room.”* Then you can add different movements—twirling, leaping, crawling, slow motion walking, fast walking, etc.